

A N N U A L  
N A R R A T I V E   R E P O R T

Yuma County

December 1, 1954

November 30, 1955

\* \* \* \* \*

AGRICULTURAL EXTENSION SERVICE

Miss Mariel Hopkins  
Home Demonstration Agent

Miss Bettie Mead  
Assistant Home Demonstration Agent

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1955

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## ANNUAL NARRATIVE REPORT

of

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County  
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### C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

#### (a) Highlights

##### Adult Work

Nine Home Demonstration Clubs and four associate clubs have held one hundred and eighty-two meetings during the year with an attendance of three thousand nine hundred and sixty-seven. Of these eighty-four were attended by the Agent with a total attendance of two thousand and eighty.

To show how the work has been divided during the past five years, is the following:-

Year	Home Demonstration Agent		Assistant Home Demonstration Agent	
	Days devoted to adult work	Days devoted to 4-H work	Days work in County	
1951	127	154	148	
1952	126	159		
1953	132	155		
1954	123	164		
1955	151	144	(Adult) 21	(4-H) 229

In all years an effort has been made by the Home Demonstration Agent to divide the time equally between adult work and 4-H work.

Other than the above meetings, such organizations as the Business and Professional Women's Club, the Zonta Club, the Delta Kappa Gamma Educational Association, the American Association of University Women, Yuma Chapter Number 14, Order of the Eastern Star, have been served by the Agent. A county-wide program in nutrition, clothing and home management was planned with the State Office and has been carried out.

##### Nutrition

A leader meeting for the Southern part of the County and another for the Northern part of the County was held in 1955. Subject, "Outdoor Cookery", Mrs. Elsie Morris, Extension Nutritionist was in charge.

During the year, the Agent has carried a program with all Home Demonstration Clubs by means of demonstrations, discussions and work

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

(a) Highlights (cont.)

Nutrition(cont.)

meetings. Subjects included have been: Christmas Foods, Hot Cross Buns, Food Preservation by Canning and Freezing, "Good Breakfast", Uses of the Electric Fry Pan, "Rolled Tacos", Taking the Guess Work out of Jelly Making. Results from these meetings have been tabulated and entered in the statistical report.

As in previous years, the Agent has found repetition among clubs of nutrition leader meetings from previous years such as: "Importance of a Good Breakfast", "Foods, When Entertaining", "Meals that Can Wait", "Salads from Locally Grown Produce", "Favorite Mexican Dishes", "Holiday Meals", "Grapefruit Desserts", "Mid-Day Meals", "Safe Reducing", "Bread Making".

As in previous years, the Agent has answered inquiries and distributed Extension Bulletins on freezing and canning of foods, child care and training, gardening, menu planning, etc. In addition, a bulletin board in the Agent's office has served to dispense bulletins on the various phases of nutrition.

There has been spread of influence in all communities through local leaders and it is estimated that approximately four hundred families have been assisted by the adult program.

Clothing

Miss Helen Church, State Clothing Specialist has been in Yuma County on four separate occasions during 1955 in the interest of the Clothing Program. In January, accompanied by Miss Alice Lynn, Federal Clothing Specialist, Miss Church held a clothing techniques work shop for the purpose of validating 4-H bulletin subject matter. A group of 19 Yuma County 4-H girls, third year and advanced, were used for the tests. In February and again in March, leader workshops in the Making of Western Shirts were held. In April, Miss Church was official Clothing Judge at the Yuma County Fair. Statistical data for Clothing Leader meetings will be reported under D XIV of this report.

There have been method demonstrations and work shops by the Agent and Leaders during the year on: Pattern Alteration, Christmas Gift Suggestions, Stay Stitching, Pressing, Accessories, Dress Alterations, Tailoring Techniques, Work Dresses, Altering Ready to Wear Garments, Sewing Machine Cleaning and Adjusting, Making Dress Forms

There has been spread of influence in all communities through local leaders and it is estimated that approximately four hundred and

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### C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

#### (a) Highlights (cont.)

##### Clothing (cont.)

fifty families have been assisted by the adult program.

##### Home Management and Family Economics

Miss Grace Ryan, the State Specialist, was in Yuma County on one occasion for adult leader meetings pertaining to her field of work. In November, she was in charge of three Leaders Meetings on the subject "Easier Housework". In the southern part of the County these meetings featured a series of short demonstrations on the subject. In the northern part of the County it included heat testing of irons and work on easier bed making. Results to date of follow up meetings on the Leaders meetings "Simplified Shirt Ironing" and "Floor Coverings" held November, 1954, will likewise be reported.

The work of the Specialist in previous years on the subjects "Importance of Correct Lighting in the Home" and on "Laundry Methods" continue to be a topic of discussion at local meetings. Women have adopted in good measure the methods taught. It is estimated that four hundred and twenty-five families have, during the current year, improved some phase of home life because of the teachings of Miss Ryan.

As in previous years, household accounts are being kept by the major portion of Home Demonstration Club members. The practice is in part due to the Home Demonstration program. However, for several years now, income tax returns have been the biggest factor in making the practice mandatory.

Work on "Refinishing Furniture" continues to be practiced in the County as a result of Leader meetings in 1949 and 1950. The making of slip covers and re-upholstery of furniture continue to be practiced in all communities as a result of Home Demonstration work. Most of these practices are a result of demonstrations in previous years. During the current year, demonstrations (2) or all day work meetings have been held by the Agent. There has been a report of fifteen such meetings being conducted by Leaders. There have been others not reported.

##### Junior Work

A combined report for 4-H Home Economics and Agricultural Club work is being submitted in separate report. However, since more than half the Home Demonstration Agent's time and practically all of the Assistant Home Demonstration Agent's time was given to 4-H club work, it can scarcely be omitted from this report.



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### C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

#### (a) Highlights (cont.)

##### Junior Work (cont.)

The Agents have supervised 4-H Home Economics projects in the County. In addition, time has been spent with the preparation and operation of such special events as a Yuma County Fair, County Council Meetings, County Leader Association Meetings, Leader Training Schools, delegations to 4-H Round-up and 4-H Camp, Recognition Banquet, etc.

This year, for the third time, the Junior Agricultural Fair was superceded by a real County Fair - the second Yuma County Fair. However, except for change of location from Crane School to a Fair Grounds site just beyond the Country Club on Highway 80, operation of 4-H exhibits and activities were similar to previous years. This current year was however, the first year for the use of the new Domestic Exhibits Building and time was spent by the Home Demonstration Agent in assisting with over-all plans and for 4-H exhibit space in particular. 4-H exhibits were set up in community booths as usual. Two hundred and ninety-four Home Economic 4-H'ers exhibited from one to seven articles. Demonstrations were for the third time this year given on a special contest day prior to the Fair. This was an improvement in every way over previous years and has become an established custom.

The Recognition Banquet was attended by approximately four hundred 4-H members, leaders, parents and guests. Awards as in other years were made except for State awards. These had to be postponed until release dates set by the State office. This is the first year for the banquet being handled pot-luck fashion. It proved a real success and almost doubled attendance at the Banquet.

During the year, a total of twenty-three Home Economics Clubs have been supervised by the Agents. This year, as for the past four years, all clubs have been community clubs. School authorities have played no part in organization or in operation.

##### Statistics

From the statistical report for the Home Demonstration Agents is the following:

	<u>Agent</u>	<u>Assistant Agent</u>
Days spent in Adult Work . . . . .	151	
Days spent in 4-H Club Work . . . . .	144	
Total for the year . . . . .	295	

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

(a) Highlights (cont.)

Statistics (cont.)

	<u>Agent</u>	<u>Assistant Agent</u>
Days spent on Projects		
Extension organization and program planning . . . . .	90	
House and surroundings, furnishings and equipment . . . . .	54	
Home Management . . . . .	8	
Clothing . . . . .	71	
Foods and Nutrition . . . . .	56	
Health . . . . .		
Community development and public affairs . . . . .	16	
Total for the year . . . . .	295	

(b) Local Factors Influencing the work of the Home Demonstration Agent in Yuma County, is modified by local conditions most of which have to do with topography and climate. For this reason, as in previous years, a brief explanation seems justified. While the total acreage of Yuma County is in round figures, six million, or one-twelfth of the acreage of the entire State of Arizona, nevertheless, the total acres on which cultivated crops have been grown has been relatively small. Comparative figures are as follows:

<u>Irrigated acres</u>	1950	80,000
	1955	170,350
<u>Population</u>		
City of Yuma	1950	9,000
	1955	20,000
County	1955	45,000

With all this development, at present, the acres under cultivation in Yuma County are little less than three per cent of the total. In general, this low percentage is due to unused land divided into soil highly productive but without water supply and hard pan plus caliche desert soil including small mountain ranges of comparatively low elevation. Of the land under cultivation, approximately one-third is farmed by tenants while two-thirds is owner-operated.

There is, as in previous years, a high percentage of shifting rural population. These factors, that is distances to travel and large transient population, make follow-up checks of much more than average difficulty. Local leaders, also, can not function as effectively as in many other sections.

Another local factor influencing Home Demonstration work in Yuma

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

(b) Local Factors (cont.)

County is the Mexican population. Approximately one-third of the County is Mexican. Of these Mexicans only a small percentage (approximately seven per cent) are naturalized. These are highly patriarchal in family life. This accounts for the fact that while the children are accessible for extension work through the 4-H club work, the women are practically unapproachable. There are, however, women in our Home Demonstration clubs who speak Spanish and who have acted as interpreters in all community projects.

Mention should also be made of the Indian population. There are two Indian Reservations as follows:

- (1) Colorado River Agency located at Parker.
- (2) The Cocopah Reservation, located in the lower Yuma Valley. There is also the Fort Yuma Indian Agency located on Indian Hill, in California, directly across the river from Yuma.

For several years, the State policy was that Extension personnel should not work directly with Indians. Six years ago this policy was done away with and steps were taken to carry an Extension program with the new settlers in the Parker area as told later. For this program, the Agency Home Economist has been in charge and has been of great value to the work.

(c) Form of Organization

Yuma County Home Demonstration Work is organized under two headings as follows:

- (1) Work with adults through regularly organized clubs; through clubs other than those primarily organized for Home Demonstration work; through home visits; office and telephone calls; through individual and circular letters; through newspaper articles and radio broadcasts.

Regularly organized Home Demonstration clubs include the following areas: (1) Yuma vicinity (2) Upper Yuma Valley (3) Yuma-Mesa (4) Somerton (5) Gadsden (6) North & South Gila (7) Wellton (8) Roll (9) Parker.

All Home Demonstration Clubs have a roster of members in the Agent's office and notices of meetings are sent to each member.

Clubs programs have been initiated at the County Home Demonstration Council meeting when club representatives, the Agent and State Office representatives have formulated a calendar for specialists



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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

(c) Form of Organization (cont.)

work in the County and for subjects to be presented based on needs and interests. As nearly as possible, programs for the clubs have been planned on a yearly basis. However, during the current year, as in previous years, it has been difficult to realize this completely. Limiting factors have been: shift in interest; change in duties of club members; prolonged summer heat.

In the various subject matter fields in the adult program, the following leader meetings with the State Specialists and the Home Demonstration Agent in charge have been held:

February: "Making Western Shirts"  
Miss Helen Church, State Clothing Specialist

March: "Making Western Shirts"  
Miss Helen Church, State Clothing Specialist

May: "Outdoor Cookery"  
Mrs. Elsie Morris, State Extension Nutritionist

November: "Easier Housework"  
Miss Grace Ryan, State Home Management Specialist

In the case of adult leader training, duplicate meetings have been held for the Northern part of the County, with one exception as follows: Miss Ryan's subject matter in November was changed to more closely meet the needs of the women in the Northern part of the County.

During the year, the Agents have given back to clubs subject matter obtained at Extension and other meetings outside the County as follows: Annual Extension Conference, University of Arizona; State 4-H Roundup, University of Arizona; Television Short Course, University of Arizona; State Home Demonstration Conference, University of Arizona; "Know How Clinic", Arizona Public Service, Phoenix; 4-H Club Camp, Church Camp near Prescott.

The work of the Agents entail, in addition to regular meetings, many home calls, telephone calls, conferences, publicity measures, etc.

As in past years, an effort has been made to supply homemakers with the latest published material in the Home Demonstration field. For the past eight years, this task has been simplified. A bulletin board has been installed in the office. In addition to the use of this bulletin board, bulletins are distributed at meetings and are mailed upon request.

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#### C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont.)

##### (c) Form of Organization (cont.)

Until three years ago, the one county paper cooperating with the Home Demonstration program was the Yuma Daily Sun. The first of January, 1952, a weekly called "Yuma County Farmer" came into being and the Home Demonstration Agent has carried a weekly column from it's beginning. In addition, special meetings have been announced in both the Yuma Daily Sun and the Yuma County Farmer.

In October of 1953, Yuma had it's first television station put in operation, KIVA. The Yuma County Agricultural Agent's Office has from the beginning cooperated in a fifteen minute program. At this, the Home Demonstration Agent has taken her turn. In addition, when the occasion arises, the Agent continues to give radio programs.

In all, during the year, two radio broadcasts have been given by the Home Demonstration Agent and eleven television programs.

#### D. PROGRAM OF WORK

##### (a) Factors Considered and Methods Used In Determining The Program of Work

As previously stated, the Agent has made an effort to keep the program of work as nearly uniform as possible. A great aid in this direction has been the County Homemaker Council.

That is, programs have been planned with club leaders, with state workers, and with other club women in the County. However, this practice has not interfered with the established plan of inquiring preferences from women in attendance at meetings as well as from constant study of local conditions.

The local leader movement began in Yuma County in the fall of 1939. Because of limiting factors, it at first functioned on a limited basis only. The last eight years have seen the biggest advance in the movement partly because women are interested in the 4-H club movement and want to help in every way possible, partly because it is a good vehicle for Fair exhibit plans, and partly because they have come to the realization that the movement has real worth.

Handicaps in the local leader movement have had to do with travel distances, climate, etc; and these handicaps, of course, continue. From the beginning, the movement has been carried in cooperation with the State Home Demonstration Staff.

In 1946, the Council set up County goals which have been used each year since when setting up club year-books, etc. These goals are as follows:

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D. PROGRAM OF WORK (cont.)

(a) Factors Considered and Methods Used in Determining The Program of Work (cont.)

1. Each club works for a certificate of achievement.
2. An adequate lunch for every school child.
3. Improve club kitchens.
4. Establish calling week.
5. At least one annual family get-together.

Requirements for a Certificate of Achievement had been set up by the State Office as follows:

1. One meeting each month, minimum eight meetings a year.
2. Satisfactory secretary book.
3. Take part in a County or local achievement day; or a tour or exhibit.
4. Reports - Minimum two stories a year.
5. Majority of active members attend each meeting. (Club decides who is active).
6. Carry at least one project with local leader giving the subject matter back.
7. A representative attending each county meeting, state, if possible.
8. Sponsor at least one community activity.

After 1946, for several years, these goals and Certificates of Achievement requirements were consciously checked. Of late, they have come to be routine things from which each club operates.

For several years a program has been underway to create a club house or community center in the North Gila Valley and in the Rood or Upper Yuma Valley. The opportunity has come from school consolidations leaving an unused school building in each of these communities. These buildings are now being used as community centers for Extension programs.

The Gadsden Club, for some twenty-five years, had its own clubhouse. It was a one room frame structure with a small kitchen and entry way. For years it served as the community center for club meetings, for voting, for Farm Bureau meetings, for youth organization meetings, for Sunday School, etc. Eight years ago, a youth center building was erected across the road from the schoolhouse and absorbed some of the functions of the Women's Clubhouse. Since the building was weathered considerably, the club decided to sell it and work toward building again. In 1950, the building was sold. The club still has the lots on which the building stood and a fund has been established toward building a new clubhouse. Last year, the lots were cleared of underbrush and have been used as a park site for picnics, etc. In March of last year, the site was used for a county-wide barbeque sponsored by the Women's Club. Proceeds

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D. PROGRAM OF WORK (cont.)

(a) Factors Considered and Methods Used In Determining The Program of Work (cont.)

were turned over to the Yuma County Fair board and helped to finance the erection of the exhibit building on the County Fair grounds.

(b) Influence of State and National Agricultural Agencies

Except for 4-H club work, Home Demonstration work in Yuma County is quite distinct from other agencies. However, correlation does occur coming naturally rather than from a planned program.

Until eight years ago, the independence came from the fact that the office of the Home Demonstration Agent was in her own home. This came about originally, because of the crowded condition in the County Courthouse. There was no suitable place for the Home Demonstration Agent's office. Early in the spring of 1947, the Agricultural Adjustment Administration office was moved out of the County Agricultural Agent's headquarters. Thus office space became available. Considerable remodeling was done; putting in partitions, etc., so that each of the three Agents could have a room of his or her own with a general room and general reception room as well. While the room for the Home Demonstration Agent was small, it was quite conveniently set up with desk, filing cabinets, bulletin racks and bulletin board. In January of this current year the offices of the County Agricultural Extension Service which included the Home Demonstration Service was moved to new quarters at 1047 Fourth Avenue, Yuma. It is a new second story addition to an office building on the Yuma Mesa. Larger and more convenient space is now available to all staff members. The new offices have been well planned to handle displaying and filing of bulletins as well as other office supplies. Each staff member has a small office. There is a large combined reception room and stenographic room as well as a conference room which accommodates twenty or more people. Fourth Avenue is the main artery in and out of Yuma and the offices are easily as accessible to farmers and homemakers as is the Court House. We have twice the floor space as formerly and are much better situated to carry a good program of work. Telephone calls continue to come mostly to the Agent's home. This is to be understood, since for twelve years, women called the Agent before or after hours, in order, as they say, to catch her in.

The Home Demonstration Agent has not made a practice of attending Farm Bureau meetings in the County unless especially requested to do so. The reason is a very full program making scheduling difficult. Each year, however, as the need arises, there are instances of cooperative work.



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results

1. Organization

Sub Project A - Farm Organization

The town of Yuma is the center of interest for all the Southern part of the County. Rural people, without exception, come to Yuma for shopping and a large percentage of them have business interests in Yuma. The town is increasing rapidly in population and this increase is largely due to agricultural developments. The civic interests of the town all have part membership from the surrounding rural communities. For this reason, it has always been hard to draw a line between urban and rural activities.

It may be of interest to state here that the suburban section just south of Yuma and referred to as Yuma-Mesa was, in 1945, incorporated into the city proper. This is a residential section where the Agent goes, from time to time, for meetings. More than ten miles beyond is another section which is still known as the Yuma-Mesa and whose principal industry is growing of citrus. A third division designated as Yuma-Mesa is adjacent to the Air Base. It is here that the Yuma-Mesa veteran families live, those who drew plots of land from the government after the 2nd World War.

In the fall of 1949, a black topped desert road between Yuma and Quartzite was opened which made transportation much less difficult, and the people in the Northern part of the County more accessible than at any time previous. During this current year, a new road has been opened connecting Quartzite and Parker in the Northern part of the County. This has further facilitated travel.

In Yuma County, needs of the different communities are varied and so the Agent can in no way limit her services to being a specialist in one line of work.

There is a high percentage of very well educated women in the clubs with which she works, so that she must always be on the alert that the material she gives is up-to-date and sound.

This also operates to make the data given, adopted for use. The Agent finds that practices are quickly worked out by the groups in question to incorporate needs in a practical way. As a whole, the County is very reticent to do anything from a campaign angle, but people are serious minded and energetic in making the most of any opportunities for advancement which can be made practical. It is with this in mind that the Agent endeavors to make her program service really function.



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project B - Home Economics Extension

As previously explained, the County Home Demonstration program, as much as is feasible, operates from the State Home Demonstration office which in turn operates from the Agricultural Extension Service office at the University of Arizona. During the current year, Yuma County has been allowed its share of the services of the State Clothing Specialist, the State Home Management Specialist and the Extension Nutritionist.

The State Leader of Home Demonstration Work has assisted with County Council meetings, which have had to do with planning.

Adult Homemaker Club meetings actually attended by the Agent during the current year, may be listed as follows:

<u>December</u>	6 - Yuma Mesa
	8 - Gadsden
	20 - Upper Valley
	21 - North & South Gila
	24 - Somerton vicinity
<u>January</u>	11 - North & South Gila
	19 - Gadsden
	21 - Mohawk Valley
	26 - Upper Valley
<u>February</u>	8 - North & South Gila
	9 - Gadsden
	22 - Salome
	23 - Mohawk Valley
<u>March</u>	4 - North & South Gila
	8 - Wellton
	18 - Yuma Mesa
	22 - North Gila
	30 - Gadsden
<u>April</u>	1 - Upper Valley
	6 - Crane
	11 - North & South Gila
	12 - Gadsden
	26 - Yuma Mesa
	27 - Somerton

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

<u>May</u>	11 - Parker
	17 - North & South Gila
	18 - Gadsden
	27 - Upper Valley
<u>June</u>	8 - Gadsden
	14 - North & South Gila
	17 - Upper Valley
	24 - Yuma Mesa
<u>July</u>	1 - Upper Valley
	12 - North & South Gila
	13 - Gadsden
	19 - Upper Valley
<u>August</u>	9 - North & South Gila
	12 - Upper Valley
<u>September</u>	6- Crane
	9- Upper Valley
	13- North & South Gila
	20- Somerton vicinity
<u>October</u>	4- Somerton vicinity
	11- North & South Gila
	12- Gadsden
	17- Yuma Mesa
	29- Crane
<u>November</u>	2- Yuma Mesa
	4- Crane
	8- North & South Gila
	9- Gadsden
	17- Mohawk Valley
	21- Upper Valley

Sub Project C - Home Makers Council

A county-wide homemaker council, whose function is to determine program content for Home Demonstration work in the County, has become progressively a reality. By way of recording progress made to the present time, the following is told: During the war period, it was impossible to hold county-wide homemakers council meetings because of the restrictions in travel which war brought. The Agent found it necessary to go from group to group in order to formulate plans. These group decisions were pooled for a county decision. Then it was, she met individually with program committees and plan-

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

ned with them for the year for their particular club. The Victory Year Book, supplied by the State Office, was used for posting these programs and was distributed to members.

Since 1946, the County Office has published its own Homemaker's Year Book. The general outline has each year been as follows: Club enrollment; Officers; Suggested programs subjects; Homemakers Creed; Calendar of month meetings. Also scattered through the book have been timely quotations and space has been provided for note taking.

For the past four years, year books have been made for each club. This has entailed working with program committees from each club separately. It has had certain advantages because less has had to be written in and clubs have been able to proceed in a better organized fashion.

The last eight years have seen a real advance in Home Demonstration planning through the Homemakers Council.

In October 1948, the County Council meeting resulted in members selecting the following for club study during the year 1949:

Foods and Nutrition

- Use of Plentiful Foods
- Preservation of Foods by Freezing
- New Methods of Freezing Citrus Foods
- Nutrition

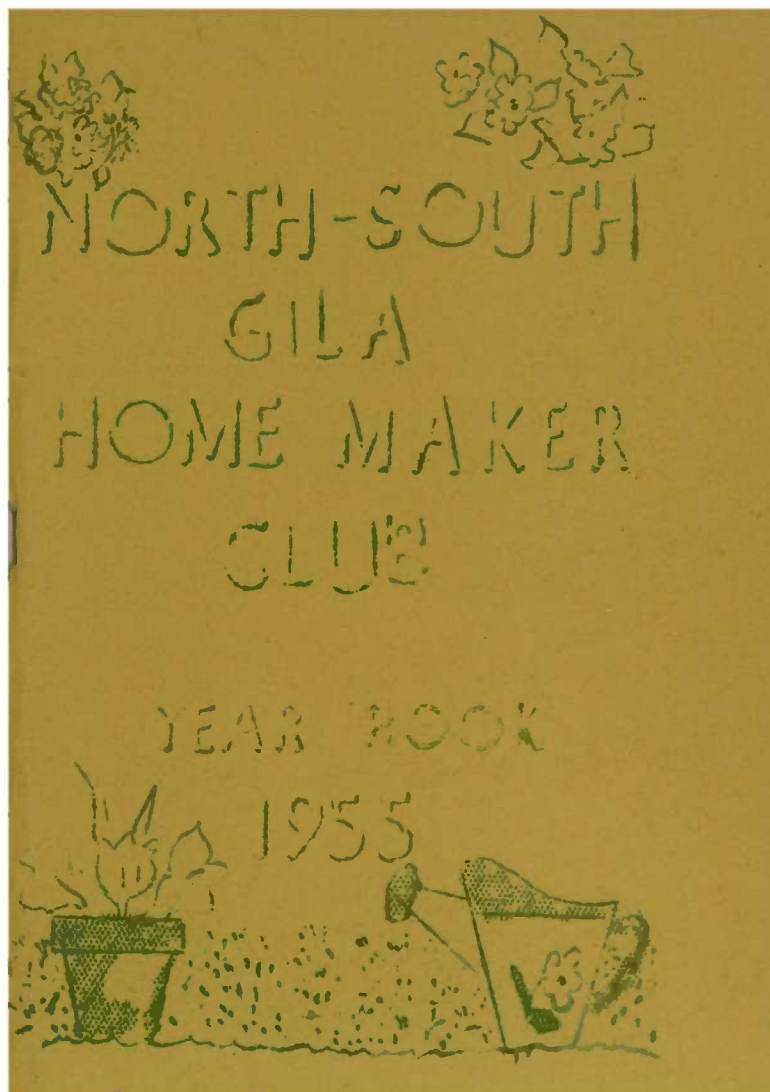
Clothing

- Making over Clothes
- Tailoring Techniques
- Selection of Foundation Clothing
- Making and Buying Children's Clothing
- Home Dry Cleaning
- Laundrying Wool Sweaters
- Basic Patterns

Home Furnishings

- Color
- Problem Windows
- Draperies
- Types of Furniture
- Furniture Rejuvenation
- Furniture Finishing and Repairing

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SAMPLE YEAR BOOK FOR A  
HOMEMAKER CLUB

#### OFFICERS

President . . . . . Mrs. Lois Pratt  
Vice President. . . Mrs. Iva Lee Ramsey  
Sec. Treas. . . . . Mrs. Alma Tanner  
Reporter. . . . . Mrs. Flossie Mills  
Program Chairman. . Mrs. Mary Ferguson  
Social Contact  
Chairman. . . . . Mrs. Helen Stedman  
Hostess Chairman. . Mrs. Clara Townsend  
Parliamentarian . . Mrs. Martha Ferguson

#### HOME MAKERS

Mrs. Martha (Frank) Ferguson  
" Mary (James) Ferguson  
" Eva (Herb) Gifford  
" Marjorie (Herb Jr.) Gifford  
" Hallie Griffin  
" Eva Hales  
" Velma (Wm.) Harrison  
" Eva (Homer) Higbee  
" Leta (Clarence) Johnston  
" Marie (Eston) Kamrath  
" Pauline (Cecil) Land



Mrs. John Lignitz  
" Flossie (B.M.) Mills  
" Bettie Ott  
" Eunice (Jud) Ott  
" Pauline (Carl) Ott  
" Lois (Loren) Pratt  
" Lois (Richard) Pappin  
— " Ivy Lee (Wade) Ramsey  
" Lorraine (Jack) Ramsey  
" Bertha (M.L.) Smith  
" Evelyn (Gene) Smith  
" Helen (Wayne) Stedman  
" Eleanor (E.M.) Showmaker  
" Alma (Bill) Tanner  
" Clara (Eugene) Townsend  
" Melva (David) Tucker  
" Helen (W.W.) Ward  
— " Kay (Otha) Whitton  
" Marie (Joe) Wilbanks  
" Bettie (Fay) Yates

AN AIM FOR THE  
HOMEMAKER

To have the home economically sound,  
Mechanically convenient, Physically  
Healthful, Morally wholesome, Mentally  
Stimulating, artistically satisfying,  
Socially responsible, spiritually  
Inspiring, founded upon mutual af-  
fection and respect.

— Lita Bane.

Club Goals for 1955:

To cooperate in community health  
programs.

To improve the club house with table  
covers and drapes.

To install outside lights for the  
club house.

To call on new homemakers in the  
community.

To cooperate with preparations for  
the County Fair.

FEBRUARY

Date of Meeting: February 8

Program:

Reports on Fish Cookery

Mrs. Townsend

Mrs. Tanner

Mrs. Lorraine Ramsey

Mrs. Iva Lee Ramsey

Demonstration: Hot Cross Buns

Hostesses: Mrs. Lois Pappin

Mrs. Marjorie Gifford

Special days during month:

February 12 - Lincoln's Birthday, 1809

February 12 - Silver Spur Rodeo Parade

February 14 - St. Valentine's Day

February 16 to 17 - Leader Meeting -

"Making Western Shirts"

February 18 - L-H Clothing Leader Meeting

February 22 - Washington's Birthday, 1732

"Women own approximately 11 percent of the land in the U. S. and 37 percent of them operate all the land they own, while 48 percent rent out their land."

MARCH

Date of Meeting: March 8

Program:

Work for the County Fair

Paper Sack Lunch

Hostesses:

Special days during the month:

March 12 - County 4-H Demonstration  
Contest

March 16 to 17 - Leader Meeting -  
"Making Western Shirts"

March 30 - Fair Entries Close

"If you have a green thumb, take  
advantage of a home garden. It  
provides much low-priced food,  
provides recreation for the gard-  
ener, and improves the family diet."

"Wet your knife before cutting into  
hard-boiled eggs and the yolks won't  
crumble."

APRIL

Date of Meeting: April 12

Program:

Meeting at Fair Grounds - April 26

Program:

Work meeting - Making Western Shirts

Paper sack lunch

Special days during month:

April 8 - Good Friday

April 10 - Easter

April 13 to 17 - County Fair

"Clean and spray clothes closets every six months. Use an oil-base 2 percent chlordane spray or a 5 percent DDT spray. Apply after the closet is cleaned but before clothes have been put back. Be sure to get the spray into cracks, and along baseboards and shelves."



MAY

Date of Meeting: May 10

Program: Work meeting on Club House

Pot Luck

Special days during the month:

May 8 - Mother's Day

May 13 - Leader Meeting - "Outdoor Cookery"

May 15 - L-H Club Sunday

May 20 - Grammar School closes

May 27 - High School closes

May 30 - Memorial Day

"Printed lettering will come off feed bags if you pour kerosene on the letters and roll the bags up for a day or two."

"You can remove rust from the sink by mixing a little bleaching solution with the scouring powder."

"Sink smells will disappear if you pour some vinegar down the drain and let it stand for at least half an hour. Then run cold water."

JUNE

Date of Meeting: June 7

Program:

Demonstrations

Flower Arrangements - Lois Pratt

Doughnuts - Mariel Hopkins

Report on Leader meeting - "Out door  
Cookery"

Special days during month:

June 10 - Leader Meeting - "Recent  
knowledge in Nutrition"

June 15 to 22 - National L-H Club  
Camp

June 19 - Father's Day

"Cooking a meal outdoors with a dutch  
oven or hot rock? Wet a finger,  
touch the oven or rock - cautiously -  
and if it sizzles a little or makes  
a quick pop the oven or rock is too  
cold or too hot. If it makes a quick  
"psst", start cooking."

"Meat protein is valuable in producing  
rapid improvement before and after  
surgery."

SEPTEMBER

Date of Meeting: September 13

Program:

Pot Luck and clean up

Report on L-H Roundup-held August  
22 to 26

Special days during the month:

September 5 - Labor Day

September 12 - School Opens

"Concentrated peach essence may be used successfully to give the true fruit flavor to ice cream or sherbet. By using both the essence and the frozen fruit, ice creams and sherbets are as delicious as those made from fresh peaches."

"Check your first aid kit now! See that it is well stocked for emergencies. You'll be glad you did."

OCTOBER

Date of Meetin: October 11

Program:

Report: "Recent Knowledge in Nutrition"

Fall Flower Planting

Special days during the month:

October 12 - Columbus Day

October 31 - Halloween

"Hardening of the arteries, high blood pressure, heart failure, diabetes, goiter, fatty livers, injured kidneys, excessive body weight in adults, stomach and duodenal ulcers, tooth decay, loosening of teeth, underweight in children, tuberculosis, and anemia in children and adults - these and many other diseases are all acknowledged by medical and public health authorities to be subject to lessened occurrence by a more intelligent use of food."

NOVEMBER

Date of Meeting: November 15

Demonstration: Easier House work  
Thanksgiving suggestion

Special days during month:

November 10 - Home Management Leader  
Meeting

November 11 - Armistice Day

November 12 - 4-H Club Achievement  
Day

November 24 - Thanksgiving

"To get the highest volume out of  
popped corn, preheat the popper  
to between 470 to 570 degrees F."

"Most of the chicken flavor is in  
the meat! A fair amount comes from  
the bones, less from the skin, and  
almost none from the fat. Light and  
dark meat have about the same flavor  
strength."

"Best buys in potatoes are those that  
are firm and clean, have shallow eyes,  
and have no cuts, decay or green  
spots."



DECEMBER

Date of Meeting: December 13

Program:

Work meeting on Christmas Sweets  
and Decorations  
Christmas Party  
Paper Sack lunch

Special days during month:

Nov. 27 to Dec. 2 - National L-H  
Club Congress

December 25 - (Sunday) Christmas Day

Weighing the Consequences  
Enjoy your candy while you may  
(Thoughts like these are quieting):  
But she who eats her cake today  
Tomorrow will be dieting.

Susie Dawson Johnson

Christmas is many things

Worshipping together

Making gifts

Parties

And children are the Heart of it all.

JANUARY, 1956

Date of Meeting: January 10

Program: To be selected

Special days during month:

January 1, (Sunday) New Year's Day

Rate Yourself as a Worker

How do you work?

Do you putter?

Are you a put-off-er?

Are you a clutterer?

Can you "shift" work to someone else in the house?

Does your work "drive" you?

Do you wear yourself and the family out?

"Completely thawed beef may be cooked like fresh beef, so the same cooking directions may be followed. But cook meat right after thawing. This will help to avoid excessive juice loss."

### Sweet Potato Balls

- 3 c. cooked yams or sweet potatoes
- 1/4 c. butter
- 3/4 c. brown sugar
- 2 tblsp. milk 8 marshmallows
- 1/4 tsp. salt
- 1/2 tsp. grated lemon rind
- 1/2 c. crushed corn flakes

\*Mash sweet potatoes. Add butter, sugar, milk, salt, and lemon rind.

\*With tablespoons, scoop up about 1/4 cup of mixture. Center with marshmallow. Cover with more potato. Shape in balls.

\*Roll each ball in crushed corn flakes.

\*Place in buttered baking dish.

\*Cover with aluminum foil. Freeze.

\*When ready to serve, bake until marshmallows begin to ooze, about 20 minutes. Makes 8 balls.

"Filled hamburger patties are good. Make thin patties. Before cooking, season them with salt and place two together with filling between them and pinch the edges together. For filling use grated cheese seasoned with chili sauce or catsup and thin slices of onion. Broil or grill them.

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

In October of 1949, the County Council meeting resulted in recommendations for the year 1950.

After consultation with the State Office, the following dates, for the year 1950 were set for work in Yuma County:

January

4-H Clothing Leader Workshops  
Tailoring School Achievement meeting

February

Nutrition Leader meeting "Meals That Can Wait"  
4-H Leader Meal Planning Workshops

March

Nutrition Leader meeting "Salads Using Local Grown Foods"

April

Home Furnishing Leader meeting "Special Wood Finishes"

May

Clothing Leader meeting "Pattern Alteration"

June

Clothing Leader meeting "Pattern Alteration"

September

Home Furnishing Leader meeting "Lighting"

October

Home Furnishing Workshop "Lamp Shades"

November

Clothing Leader meeting "Wardrobe Planning"

With the exception of the meeting on "Wardrobe Planning", the meetings were carried out as planned.

The fall of 1950, the Council made plans for work with the specialists during the 1951 year as follows:

January

Clothing Leader meetings "New Techniques"

Miss Mariel Hopkins  
Home Demonstration Agent  
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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

February

Home Management Leader meeting "Laundry Methods"  
4-H Home Management Leader Workshop

November

Nutrition Leader meeting, "Food and Entertaining"

in 1951, the following requests for specialists help were made:

Clothing

Workshops on better dsss . . . . . February, 1952  
Wardrobe Planning . . . . . October, 1952

Foods

Good Breakfast . . . . . March, 1952  
Food at Mid-Day . . . . . December, 1952

Home Furnishing, Home Management

Room Accessories . . . . . January, 1952  
Care of Household Equipment . . . . . November, 1952

In October, 1952, the Yuma County Homemaker Council held its annual program planning meeting. It took the form of a luncheon at Clymers with Miss Jean Stewart, State Leader of 4-H Club, as guest speaker. Thirty delegates were present, representing the following clubs: Gadsden Home Demonstration Club, Rood Home Demonstration Club, Somerton Vicinity Home Demonstration Club and Parker Home Demonstration Club.

To set the pace for planning, the Agent, previous to the meeting, sent to all clubs, copies of the leaflet "What's Ahead for Homemakers". This was an adaptation of leaflets discussed at the State Conference for Home Demonstration Agent's in June.

As a result of the meeting, the following suggestions for Specialists were sent to the State Office:

Clothing

Dresses that Work for You . . . . . March, 1953  
Study of New Fabrics . . . . . October, 1953  
4-H Projects . . . . . March & October, 1953

Foods

Preparing Menus for the Freezer . . . . . May, 1953  
Safe Reducing . . . . . December, 1952  
4-H Projects . . . . . December, 1952

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

<u>Home Furnishings, Home Management</u>	
Short Cuts in Management . . . . .	February, 1953
Wall Accessories . . . . .	November, 1953
4-H Projects . . . . .	February and November, 1953

In 1953, the County Homemaker Council meeting was held on Wednesday, September 30th. A variation from previous years occurred this year, due to the fact that the Home Economics Division premium list for the County Fair was up for revision. Since the greater portion of Fair Superintendents were also Council members, the task of revision was included in the meeting.

Seventeen leaders from nine communities attended the meeting which took the form of a luncheon at Clymer's Tea Room. Miss Jean Stewart, State Leader of Home Demonstration work, opened the meeting with a very informative presentation of the problems that develop with family increase and growth. The leaders were divided into interest groups during the luncheon as follows: Nutrition; Clothing; Home Improvement; Fair Premium list for Foods; Fair Premium list for Clothing; Fair Premium list for Canning and Freezing. In the afternoon, the group became a committee of the whole, heard the recommendations from the interested groups and voted on requests for specialists' help in 1954 as well as the changes to be made in the Home Economics Division of the Yuma County Fair catalog.

Requests for specialist help were as follows: Nutrition, Enrichment program with emphasis on (1) bread making in general (2) special occasion breads; Clothing, Short cuts in sewing with emphasis on (1) making western clothes (2) altering ready-to-wear; Home Furnishings, floor coverings with emphasis on (1) buymanship (2) care and upkeep of rugs and linoleums.

The following program for the year was subsequently carried out: Home Furnishings, Miss Grace Ryan, State Specialist presenting "Floor Coverings" - First week in November; Nutrition, Mrs. Elsie Morris, State Specialist presenting "Enriched Bread" - Third week in March; Clothing, Miss Helen Church, State Specialist presenting "Altering Ready-to-wear" - First week in April.

On October 1, 1954, the Home Maker Council planned the program for the current year of 1955. In general it followed the plan of the previous year. However, because of congestion in the specialists program, the County was limited to one selection for each leader.



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

The following were chosen: Nutrition, Outdoor Cookery; Clothing, Western Shirt Making; Home Management, Easier House Work. These have all carried through as planned.

The meeting of the County Home Making Council for the purpose of planning a program of work for 1956 was held October 27 of the current year. Miss Jean Stewart, State Leader of Home Demonstration Work, was present at the meeting which got under way at 10:30 in the morning at Clymer's Tea Room in Yuma. While registration was in progress, Miss Stewart, with the help of victrola records which she had brought for the occasion, led the group in singing folk songs. Mr. Ray Weick, Acting County Agent, showed the movie in color of our 1955 County Fair. After this he talked to the group, telling about 4-H Club Work in Yuma County.

Following the noon luncheon, Miss Stewart explained the use of score cards in judging exhibits. There was a general discussion with the entire group taking an active part. The group then divided to formulate recommendations for the 1955 program.

The Nutrition division had for its Chairman, Mrs. Esther Whitman. The following recommendations were submitted and accepted:

That emphasis be placed on helping teen-agers maintain and secure a good complexion.

1. Work up a basic diet for teen-age group.  
Avoid chocolate, carbonated beverages, sugars, fried foods, fats, mayonnaise.
2. Stress proper elimination.
3. Proper cleansing of skin.
4. Proper stimulation.
5. Rest.
6. Regular Habits

The Clothing division had for its chairman, Mrs. Mae Baldrige. The following recommendations were submitted and accepted:

1. Invite Miss Church to present judging standards for clothing.
2. Have work on good grooming - hair styles - selection and care, posture.

The Home Improvement division had for its chairman, Mrs. Lorraine Ramsey. The group presented a variety of subjects including re-decoration, home repairs, home appearance, new home appliances.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

However, the one voted in by the entire group as of first interest was the making of draperies.

The Community Activities division had for its chairman, Mrs. Lilly McCain Smith. Their recommendations had to do with the County Fair as follows:

1. We favor the continuation of the Danish System of judging for the 1956 fair.
2. Any score card in the Fair Book should be called to the attention of the judges.
3. Sweepstake points should be determined by the Superintendents by comparative value of articles entered and the amount of work involved.
4. Three judges, one of them local, and two from out of the County should be used in the Adult Home Economics Department for Clothing.
5. We favor doing away with the Green Award.

In all there were eleven women's organizations represented by Leaders.

Official acceptance of the above program has been received from the State Office and it will get under way early next year.

Sub Project D - 4-H Clubs

It has become the custom to submit a separate report for 4-H club work.

It is deemed advisable to also include the report in the Home Demonstration Agent's Narrative for the following reasons:

- (1) More than half of the time of the Agent and Assistant Agent has been devoted to 4-H Club work.
- (2) Printed form ES - 21 (Revised June, 1954) by the Extension Service, Washington, D. C., states "The Annual Report is a record of the Year's work put into convenient shape for future reference."

From December 1954 to December 1955, Home Economics 4-H clubs in Yuma County have been in operation and have shown completions. Data is submitted for clubs whose year's work

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

closed September 10th. Clubs organized since then will be submitted in next year's report. Home Economics enrollments and completions by clubs for 1955 are as follows:

<u>Club</u>	<u>Enrollments</u>	<u>Completions</u>
<u>Crane</u>		
Jolly Commuters	5	5
Pioneer Daughters	8	8
Seam & Steam	6	5
Sip & Sew	17	13
Taste & Baste	7	6
<u>Gadsden</u>		
Go Getters	29	28
Stitch & Cackle	3	3
<u>Gila Valley</u>		
Up & Coming	24	23
<u>Parker</u>		
Haymakers & Homemakers	30	25
Kitchen Maids	9	8
Pitch Patch	28	17
Stitch Ditch	21	17
<u>Quartzsite</u>		
Hi Jolly	3	3
<u>Roll</u>		
Busy Bees	27	14
<u>Somerton</u>		
Jr. Homemakers	28	24
<u>Wellton</u>		
Antelope Hi	5	4
Desert Queens	31	22
<u>Yuma Mesa</u>		
Busy Women	8	8
Cook n' Chuckle	10	10

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

<u>Club</u>	<u>Enrollments</u>	<u>Completions</u>
Hem & Ha	10	8
Snip & Sew	6	4
Las Caseritas	8	7
Make & Bake	<u>8</u>	<u>7</u>
Totals	331	269

Percent completions - 81 $\frac{1}{2}$

Comparison with 1954 is as follows:

<u>Year</u>	<u>Enrolled</u>	<u>Completed</u>	<u>Percent Completed</u>
1954	290	220	76-
1955	331	269	81 $\frac{1}{2}$

For the past nine years, Yuma County has had an Assistant County Agricultural Agent, who has been organization leader in 4-H work for the County. New features have consequently been introduced into the program, such as: A Junior Agricultural Fair or County Fair, Recognition Banquet, night meetings for the older youth, County Council meetings. All of these events have made an increased demand on the Home Demonstration Agent's time.

State workers who have visited the County for one or more days during the current year, in the interest of 4-H Home Economics club work, are as follows:

January

Miss Helen Church, State Clothing Specialist  
Miss Alice Lynn, Federal Clothing Specialist

February

Mrs. Elsie Morris, State Extension Nutritionist  
Miss Helen Church, State Clothing Specialist

March

Miss Jean Stewart, State Leader, Home Demonstration Work  
Mr. Graham Wright, State 4-H Club Leader  
Miss Madeline Barley, Home Demonstration Agent at Large

Miss Mariel Hopkins  
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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

April

Miss Helen Church, State Clothing Specialist  
Mrs. Elsie Morris, State Extension Nutritionist  
Miss Madeline Barley, Home Demonstration Agent at Large  
Miss Jean Stewart, State Leader Home Demonstration Work  
Mr. Graham Wright, State 4-H Club Leader

September

Miss Grace Ryan, State Home Management Specialist  
Mr. Ry Milhollen, Assistant State 4-H Club Leader  
Mr. Ted Welchert, Extension Agricultural Engineer

November

Miss Grace Ryan, State Home Management Specialist

Each year, the Fair is the big event on the 4-H calendar. The first Fair took place on April 6, 1946 and was cooperated in by the Agricultural Extension Service and the vocational classes at the High School. The event was sponsored by the Yuma County Senior Chamber of Commerce.

This was a one-day fair and was culminated in the afternoon by a dress revue and announcement of awards. In 1947, the Fair date was April 12. However, in order that more people might visit the Fair, it was thrown open to the public Friday evening, April 11, as well as all day Saturday, April 12. The Home Economics division was divided into three general divisions. (1) Exhibits (2) Demonstrations (3) Judging contests. By far the greater portion of exhibits were clothing work.

This second year saw a total of twenty-four demonstrations given in the Junior and Senior divisions. Judging contests were held in both clothing and foods.

Beginning in 1948 and through 1952, the Fair was open to the public for two complete days. Dress Revues were held in the evening and were supplemented by a program from the various clubs.

Because of the availability of such food supplies as sugar and fat, in 1948, there were for the first time, entries in foods. Baked goods from the three years of meal planning project requirements were selected for the premium list as follows: Baking Powder Biscuits; Muffins; Gingerbread; Butter Cake; Sponge Cakes; Yeast Rolls.



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

In 1948, the poster exhibit at the Fair took a different form in that it was put on an individual rather than a club basis. 1948 also saw the introduction of a frozen foods premium list. A freezer unit was loaned by a local firm for display purposes and a good start made toward including such a division into future Fairs.

In 1949, the Junior Agricultural Fair took place the eighth and ninth of April and as in previous years, was held at Crane School. In the clothing exhibit, blue ribbon dresses were exhibited on special standards for the first time. Two upright home freezers were loaned by local firms for exhibiting frozen foods. In the foods exhibit, two bleacher sections were covered with white paper, decorated with 4-H rosettes and used to display the entries. Foods poster entries showed an increase in both number and quality.

In 1949, for the first time, a theme was selected and carried through for the dress revue. The theme was the 4-H Record Book. Four girls, recent Chicago trip winners, dressed in pastel formals, were mistresses of ceremonies. Mona Berry was narrator and used her own record book to talk from. A large record book formed a door through which the dress revue girls stepped. Opening and closing the door were Betty Jo Frauenfelder and Mary Lott. Joan Cannon Brown assisted Mona Berry as narrator. In 1949, there were thirty-three Home Economics demonstrations.

In 1950, exhibits at the Fair showed a marked increase in the foods division. Exhibits conformed closely with the entry list which in turn had been made to conform with requirements for the different project years. Frozen Foods exhibits showed the greatest increase in entries of any division.

The theme for the Dress Revue, was Fashions in the Sun. A back drop with cathedral windows through which special lighting effects were arranged, was used. The Revue itself, was well done and showed an improvement in form over previous years. Between scene entertainment, consisted of the following: A Spanish Dance by the Gadsden G-Getters girls; a Tumbling Act by the Sonerton girls; Two solos (4-H Songs) by Myrna Ellis of the Little Women club.

The year 1951, saw an advance in community leadership in preparation for the Fair. There were two pre-County Fairs as follows:

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

(1) The Wellton Kiwanis Club sponsored a pre-County Fair for the communities of Roll and Wellton. (2) Gadsden had a pre-County Fair at the Gadsden Grammar School.

Organization of the Fair was planned through the County 4-H Leaders' Association and the County 4-H Council. This included such details as: Catalog, entry forms, superintendent sheets, rules concerning exhibits and exhibitors, appointment of superintendents and assistant superintendents, committees for Dress Revue.

Special mention should be made of the catalog which in 1951 for the first time, was full paper size and exhibited an improved organization and style over previous years.

Dates for the Fair in 1951 were April 13 and 14. However, since all clothing entries for the Fair had to be in by Wednesday at 5:00 P.M. and since setting up for booths, decorations, etc., had to be done prior to that, it really meant that the Fair for Home Economics workers extended from April 10 to 14.

Again in 1951, the overall decoration of booths was done by Home Demonstration Clubs. The Dress Revue was held out doors. A special stage was built by the school and a carpenter employed by the 4-H Council.

In 1952, the Junior Agricultural Fair, in many ways showed an improvement over previous years. Planning meetings of special groups were very effective among which can be mentioned: 4-H County Council, 4-H Leader Council, Dress Revue Committee, Superintendents Committees.

The 4-H County Council this year, financed the building of booth partitions. They were built of celotex with Board frames and each year, have been stored away as a permanent part of Fair equipment. These partitions were a great help in setting up the school auditorium for the displays. The Dress Revue stage setting in 1952 was the most elaborate and the most successful yet attempted; a huge flower, out of the center of which the Dress Revue girls stepped.

For the first time in 1952, a cash award of ten dollars was given to the overall Junior Dress Revue winner.



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

1953 saw a radical departure in the Fair, in that it expanded to be a bonafide County Fair of which 4-H is one division. A large plot of land beyond the Yuma Country Club, was designated as Fair-ground and the Pan-American Amusement Corporation was contracted to furnish exhibit tents and amusements. Since the plot was raw land, it was necessary to dig a well, to build rest rooms, as well as to move all 4-H cattle sheds, etc. There were no funds to begin with and it was much to the credit of the Board of Directors, that the Fair closed with a good surplus, with which to make improvements for the coming year. From the publics viewpoint, the Fair was a huge success.

In 4-H, there were twelve community booths prepared by the following clubs: Crane Taste and Baste, Jolly Commuters, Gadsden GO-Getters, Gadsden Stitch & Cackle, North Gila Up & Coming, Parker and Poston, Quartzsite Hi-Jolly, Roll Busy Bees, Antelope, Rood Merry Maids, Somerton Junior Homemakers, Little Women, Wenden Harquahala, Salome, Yuma-Mesa Hem & Ha and Yuma-Mesa Sewing Basket. Of these booths, the Somerton Junior Homemaker Club received top score. However, they were all very well done and reflected credit on the 4-H club program.

The 1953 Dress Revue was, however, both satisfactory and disappointing. It was satisfactory, because the girls participating did the best job of modeling of any year so far. They were, without exception, poised and business-like. Their garments fitted them unusually well and they really looked quite professional. In the Senior party dress division, there was particularly close competition. Finally, the judges gave Charlotte Salyer one point more than the three who tied for second place. These were Joan Koogler, Delia Torres, Betty Bickers.

The disappointment about the dress revue came from the availability of the stage. No decorating could be done as in previous years and no pre-practice sessions for the girls could be arranged.

This current year of 1955 the public dress revue at the Fair is worthy of special mention. It was a decided improvement over the two previous years when the dress has had to share time and stage setting with the general stage show. This year the hour between 7:30 and 8:30 was definitely set aside and there was no interfer-



# 4-H Demonstration Plans Set

Plans were completed this week for the county-wide 4-H demonstration contest to be held this Saturday at the Somerton Grammar School. Latest schedule lists 54 entries in the yearly event.

Demonstrations will start at 9:30 a.m. and continue through the day. 4-H club members from all parts of the county will participate. Fifteen contestants are expected to make the 120-mile trip from the Parker area to take part.

Club members have been preparing for this event for two or three months, and demonstration help days have been scheduled during the past two months at various places in the county in order to give members practice in speaking before an audience and to improve demonstration techniques. This contest is one of the two big club events of the year.

4-H leaders point out that participation in demonstrations is especially valuable to the individual because it places him on his own. Demonstrations are judged on the merits of the individual performance, and are not based on evidence of completed work.

**Winners Go to Roundup**  
Winners in the Yuma County contest will go on to the State 4-H Roundup which will be held at Tucson in August. Competition there will determine the top 4-H member in each class. The Roundup is designed to bring 4-H members from all over the state together to compete and compare notes on what other clubs are doing.



**PROUD PARENTS**—Representatives of some of the organizations that made the new Domestic Exhibit Building possible, took part in the unveiling of the dedicatory plaque in a ceremony at the fairgrounds Saturday night. The dedication was attended by approximately 1500 persons. Left to right above are: William Cople, who delivered a message from the Governor to the Fair Board and the people of the county; Fair Board Secretary, Perry Ellington; Monica Baker, who designed and made the plaque; Fair Board President Ernest Johansen; Jim Byrne from the Chamber of Commerce; Nell Gaines from the Home Demonstration Club; Malba Anderson, FHA; Danny Johnson, 4-H; and Harry McKee, FFA. (Farmer Photo)

High interest has been evident this year in the number of boys and girls wanting to compete, and in the amount of preparation that has gone into getting individual demonstrations ready.

Judges for the Somerton event will be State 4-H Club Leader Graham P. Wright; Jean Stewart, state leader in home demonstration; and Mrs. Frank Pritchard.

Participants will represent all of the 4-H clubs in the county. Of the 54 scheduled entries, 40 will be in home ec, and 14 in agriculture. Home economics demonstrations will be mainly on clothing, foods, and home management. Agriculture demonstrations will be mainly concerned with livestock, poultry, garden, and tractor.

**Public Invited**  
Club members, parents, 4-H leaders, and the general public are invited to attend the all-day event. Luncheon will be available in the school cafeteria.

So many contestants have registered that there will probably be more than one demonstration in progress at once during part of the day. The demonstration event is a yearly affair, and is one of the major events on the 4-H calendar. Properly, the demonstration contests are a branch of the activity connected with the County Fair, but there is neither space nor time for the competition during the fair itself, so the contest has been made a separate event just preceding the fair.

A large turnout is expected for the demonstration day.





THE WINNERS—Top winners in the sweepstakes awards at the fair were Laune Harding and Sandra Neese. The two girls hold purple ribbons that they received for their work. (Farmer Photo)



## Mariel Hopkins Says

By the Home Demonstration Agent

The Yuma County Fair has come and gone, and with it a tremendous amount of energy and perseverance on the part of our 4-H'ers, their leaders and parents.

A great big "thank you" to all of you for your wonderful cooperation. We're convinced that Yuma County 4-H folks are tops. Let's remember the fun that went with the Fair. We'll do everything we can to make next year even better and to iron out any difficulties that arose.

### 4-H Booths

I was particularly proud of the 4-H booths and of the public dress revue. The booths were all excellent and showed much ingenuity as well as work on the part of leaders and 4-Hers.

The dress revue was, in my opinion, a little better this year than in any previous year. It really carried through with the 4-H motto "Make the Best Better". The girls were beautiful in their costumes and they modeled like professionals.

Wasn't the stage setting lovely - and to think it was done by one of our own 4-H mothers, Mrs. O. L. Carlisle. Of course, she wants due credit to go to all of her helpers, but we know she was the one who really saw it through.

### Proud of Girls

Some of the 4-H girls were a little disappointed in their ribbons. I'd like to say we were very proud of each and every girl. You did a fine job. We appreciate your efforts for 4-H—particularly when things were done in spite of a very full school program. Both clothing and food exhibits were outstanding.

If you received a white or a red ribbon, you can be very proud—just make up your mind to improve on it next year. We'd like you to begin this summer and we stand ready to help in every way possible.

You may have missed the awards program. If you did, you'll want to know who the top winners are. The figures have been checked very closely to prevent any errors.

### Winners

In sweepstakes points, the winners are:—

Senior—Helen Faulkner with 69 points.

Junior—Sandra Neese with 28 points.

Club—Hem & Ha! with an average of 24.7 points per member.

In booths, the sweepstakes went to:—

The Busy Women Club of the Yuma Mesa.

In dress revue, the sweepstakes winners were:—

Senior—Maybelle Mason of the Gadsden Stitch & Cackle Club.

Junior—Sandra Neese of the Busy Women Club.

In Judging, sweepstakes were won by:—

Foods—Laurene Harding, Hem & Ha! Club.

Clothing—Helen Faulkner, Hem & Ha! Club.

In Demonstrations, sweepstakes went to:—

Senior Team—Elva Warner & Dorothy Atherton of the Jolly Commuters Club.

Junior Team—Thomas Smith and Abie Picono of the Gadsden Go Getters Club.

## Mariel Hopkins Says

By the Home Demonstration Agent

Want to know the song of the week? Tere it is:

### COME TO THE FAIR

"The sun is a-shining to welcome the day

High-ho! Come to the Fair!

The folks are all singing so merry and gay

High-ho! Come to the Fair!

All the stalls on the green are as fine as can be,

With trinkets and tokens so pretty to see

So it's come, then, maidens and men,

To the fair in the pride of the morning

So deck yourselves out in your finest array,

With a High-ho! Come to the Fair!"

There are two other verses but this first verse gives the general idea. Big preparations are in the making and ere another Yuma County Farmer is out, our big Fair will be going full blast.

As far as 4-H Home Economics is concerned, we'll be holding forth in the gorgeous new Domestic Exhibits Building. Monday, April 11, is a big preparation day because all clothing, home improvements and non-perishable foods will be brought in. Tuesday the judges hold forth placing exhibits in the blue, red or white ribbon class. We surely hope the blues and reds predominate as in previous years. On Wednesday perishable foods will be entered and judged.

There will be two 4-H Dress Revues this year. Tuesday evening, the revue is for the benefits of the judges only. All entries will be scored at this event. On Saturday evening there will be the public 4-H revue. It takes place on the big stage and ribbons will be awarded. The committee in charge of the Dress Revue is made up of Mrs. Howard Salyer, Mrs. O. L. Carlisle and Mrs. Harry Ellis, all of Somerton. They are creating a state setting on the Gold Gulch theme. By special request this setting is to be used by other programs as well as the 4-H.

All 4-H Home Economics judging contests hold forth Saturday morning.

Homemaker Clubs have had work meetings making and repairing dress standards, cutting and painting special decorations, etc. They will be meeting at the Fairgrounds again beginning on Monday. All 4-H exhibits will be housed in community of club booths. Leaders are in charge and their heads are buzzing with plans, so—

"There'll be racing and chasing from morning till night;

And round-about's turning to left and to right;

So it's come then, maidens and men

To the fair in the pride of the morning.

So, lock up your house, there'll be plenty of fun,

And high-ho! Come to the Fair!"



## Home Economics Division Shows Homemaking Art

Food and clothing are considered basic necessities by most people; to the Yuma County women exhibiting at the fair, they're works of art.

Exhibits ranging from apricots to western shirts are on display. Included in the home economics section of the fair are garments, knitting, crocheting, weaving, quilts, embroidered articles and rugs.

### LARGE DIVISION

The home economics division is one of the largest at the fair with 268 classes in the clothing and textiles division and 260 classes in the foods section.

The clothing and textile division, headed by Mrs. Densley Smith, covers every possible garment. In the new garment section, entries include house dresses, formals, pajamas, women's tailored coats and men's sport shirt.

Other classes cover western garments, children's clothing and junior clothing.

All types of knitting and crocheting are also entered in the fair this year.

### WIDE VARIETY

The food division under the direction of Mrs. Frank Batley, assisted by Mrs. Alton Duke, covers a wide variety of foods ranging from breads to vegetables.

Rolls, muffins, doughnuts, cookies and biscuits are entered in this division as are Spanish foods such as enchiladas and tacos. The bakers have a field day in pies and cakes and a special class has allowed Yuma bakers to enter food made from recipes from other countries.

In scoring for cakes, judges consider the appearance of the outside and inside with 30 points going for outside appearance, 35 points to inside appearance and 35 points for taste.

### DANISH SYSTEM

The Danish system of judging is used for all foods with each entry judged against a standard of 100. The entries do not compete against each other.

The canned and preserved foods section includes almost every type of canned fruit and vegetables. Pickles, jams, jellies, fruit butters and other specialties are also entered.

In addition, an entire section is given over to frozen foods.

The entire home economics department has been increased steadily since the fair first began three years ago.



**HOME EC EXHIBIT**—The variety of home economics exhibits is shown in this booth at the 1954 fair where all types of textile work is displayed. One of the largest departments at the fair, home economics provides all types of food and sewing. (Farmer Photo)



**FINISHING TOUCHES**—The last minute rush to get booths finished is made Tuesday afternoon as exhibitors hurry to complete their exhibits before the fair opens. Actual work on commercial exhibits didn't begin until Monday while the domestic exhibit building displays were started Saturday. (Farmer Photo)

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

ence. All girls with the exception of the first year were scored and winners selected on Tuesday night previous while Miss Church and Miss Barley were at the Fair. First year girls in their aprons and mit potholders were scored Saturday evening, beginning at 6:45. Mrs. Ellenore Face and Mrs. Margaret Pritchard were judges. Since the scoring had taken place previously, the Agent was very glad that the girls showed up for the public revue almost to the last girl. They did the best job modeling that they have ever done. Mrs. Harry Ellis, was narrator and the Agent broadcasted over KYUM out front to one side of the stage. She thus had a good view and was really very proud of the girls. The bleachers were full of parents, friends and just spectators and they were a large and appreciative audience. Senior division winners were: Sports, Mary Bobersky; Best Dress, Maybelle Marm; Suit dress, Joyce Barry; Tailored coat, Helen Faulkner; Party dress, Norma Baldrige; School dress, Barbara Braden. The senior sweepstakes dress revue winner was Maybelle Marm and the Junior sweepstakes dress revue winner was Sandra Neese. The senior girls receive free trips to the 4-H Round-up in August. Since there is no Junior dress revue at the Round-up, Sandra Neese receives a cash award of ten dollars.

Since this current year of 1955 has been the first year for the use of the new Domestic Exhibits Building, time was spent in assisting with overall plans and for 4-H exhibit space in particular. The space allotted to 4-H was pro-rated to communities or clubs according to the number of entries made. Booths were as follows: Parker (included 4 clubs from Parker and Poston); Crane (included 4 clubs from Crane area); Somerton; Gadsden (included Go-Getters and Stitch and Cackle Clubs); Wellton (included Desert Queens and Antelope Clubs); North and South Gila (Up & Coming Club); Busy Womens Club; Hem & Ha! Club; Cook 'n Chuckle Club; Mohawk Valley (Busy Bees Club); a combination of small clubs (Bouse Hi-Jolly Club, Gila Vista Club, Las Casitas Club, Yuma Mesa Snip and Sew Club). The consensus of opinion was that this years booths showed an improvement over all previous years, both in planning and in workmanship.

Time scheduled for judging the booths was Thursday morning, which proved an inopportune time for the Extension staff members. Judges were finally chosen from an outside source as follows: Mr. Don Solwedel, Business Manager of the Yuma Daily Sun; Mr. John Van Houten, a local insurance man; Mrs. Pauline Van Horn. They were supplied with score cards and averages computed, which gave the



Miss Mariel Hopkins  
Home Demonstration Agent  
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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

sweepstakes ribbon to the Busy Women Club booth. This booth had been worked out with life sized figures on which all dresses were displayed. A breakfast table was set repeating the foods of one of the breakfast posters and a sewing machine was set up with one of the figures sitting at it.

The total number of points for the 4-H Home Economics division this year was 1844. This is an increase over previous years, showing that entries were more numerous. There were almost as many foods entries as clothing entries. Food preservation and home furnishings trailed. Senior sweepstakes winner was Helen Faulkner with a total of 69 points. Joyce Barry was a close second with a total of 67 points. Junior sweepstakes winner was Sandra Neese with a total of 28 points. The club sweepstakes for points went to the Hem and Ha! Club with an average of 24-7/11 points per member.

Demonstrations

Beginning with 1953, the Annual County 4-H demonstration contests have been held separately from the 4-H Fair. It has proven very much a success both in the number of participants and in the quality of demonstrations.

This current year the contest was held on March 12th and because of the number of demonstrations entered, it was necessary for two Home Economics sections in order to take care of them in one day. The place of meeting was the Somerton School and the contest got under way at ten in the morning and ran continuously until four thirty in the afternoon. Judges included Miss Jean Stewart, State Leader of Home Demonstration Work and Mr. Graham Wright, State 4-H Club Leader. A partial list of the Home Economics demonstrations appeared in the Home Demonstration Agent's column in the Yuma County Farmer. A clipping is included.

Judging

In 1951 and 1952, Home Economics judging was not included with the Fair program, but was held as a separate event following the Fair. Since the Demonstration contests have not been held during the Fair, the Judging contests have been on Saturday morning of Fair week. Rings in both Foods and Clothing have been set up following the plan of those to be used at the Round-Up.

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1955

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Judging (cont.)

This current year of 1955, the clothing rings were as follows: Aprons; Sewing Boxes; Blouses; Dresses; Pattern, Fabrics & Findings. Juniors judged four sets and seniors four sets the options being serving boxes and dresses. Written reasons, both Juniors and Seniors, were given for Pattern, Fabrics & Findings. Oral reasons were given for blouses and dresses.

In foods the following sets of rings were judged: Biscuits; Muffins; Place Settings; Hard Cooked Eggs; Butter Cakes. Juniors judged four sets and seniors four sets, the options being biscuits and cakes. Written reasons were required for menus, both Junior and Senior. Oral reasons were required for muffins (Juniors) and cakes (Seniors). Results were tabulated and ribbon awards made at the Awards Assembly the last day of the Fair.

Sweepstakes

At the 1955 Fair, as in previous years, Sweepstakes were determined by the number of points earned by each 4-H member. Every blue and red ribbon represented a given number of points.

Home Economics winners in this individual contest were:

1. Helen Faulkner
2. Sandra Neese

Club Sweepstakes were determined by the average number of points accumulated per club member in the club. Winners in the contest were:

1. Yuma Mesa Hem & Ha! Club
2. Gadsden Go-Getters

Dress Revue

The 1955 public dress revue on Saturday night is worthy of special mention. It was a decided improvement over the two previous years when the dress revue had to share time and stage setting with the general stage show. This year the hour between 7:30 and 8:30 was definitely set aside and there was no interference. All girls with the exception of the first year, were scored and winners selected



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Blue Ribbon Fair Booth  
Parker and Vicinity 4-H Clubs



Blue Ribbon Fair Booth  
Somerton and Vicinity 4-H Club

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Blue Ribbon Fair Booth  
Hem & Ha! 4-H Club



4-H Delegation - 1955 State Round-Up

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Blue Ribbon Fair Booth  
Gadsden and Vicinity 4-H Clubs



Blue Ribbon Fair Booth  
Yuma Mesa Cook n' Chuckle 4-H Club

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Blue Ribbon Fair Booth  
Busy Bees 4-H Club



4-H Fair Exhibit Judging



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Yuma County, Arizona  
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Senior Dairy foods Demonstration Team  
Helen and Margaret Faulkner



Winning Fair Booth  
Busy Women 4-H Club



**SANDWICH INSTRUCTION**—Joyce Barry, left, and Laurene Harding, of the Yuma Mesa Hem and Ha Club, demonstrate sandwich making and how to cut and wrap them for different occasions. The girls presented one of the more than 50 demonstrations at the 4-H demonstration contest last Saturday at the Somerton Grammar School. Members from all over the county competed against each other for recognition and awards which will be presented at the Yuma County Fair. (Farmer Photo)

## Demonstration Day Termed "Success"

County 4-H leaders termed the Demonstration Day held last Saturday at the Somerton Grammar School "very successful" in a statement this week.

Ray Weick, assistant county agent, and Miss Mariel Hopkins, county home demonstration agent, said that the judges, Graham P. Wright, and Jean Stewart, state 4-H leaders, and Mrs. Frank Pritchard, were surprised and pleased by the preparation and polish evident in many of the demonstrations.

The visitors congratulated Yuma 4-H clubbers on the quality of the demonstrations and the interest evident in club activities in the county.

More than 50 demonstrations were presented by members from all over the county. Parker was well represented with 15 entrants in the competition.

Awards will be presented at the Yuma County Fair, April 13-17. The contest is really part of the fair activity, but because of time and space needs it is conducted before the actual fair dates.

Top award winner will go to the State 4-H Roundup at Tucson in August. List of those who will compete in the roundup is not yet available.





## Mariel Hopkins Says

By the Home Demonstration Agent

Next Saturday, March 12, promises to be a big day for Yuma County 4-H'ers. As a matter of fact we're really celebrating National 4-H Club Week, March 5 to 13, in a big way this year. It began with our slightly colossal 4-H Barbecue at the Fair Grounds last Saturday, March 5. This Saturday we'll wind up the week with our County demonstration contest.

From present writing, with three communities yet to be heard from, there are thirty-two Home Economics demonstrations as well as a large number of Agricultural demonstrations. The contest will get underway at 9:30 a.m. in the morning and continue on during the day. The place of meeting is the Somerton School. A noon lunch will be served at a small charge. Out of county visitors will be Mr. Graham Wright, State 4-H Club Leader and Miss Jean Stewart, State Home Demonstration Leader. They will act as judges in conjunction with Mrs. Margaret Pritchard and Mrs. Ellinore Face from Yuma.

This contest decides who will represent Yuma County at the State 4-H Roundup which this year will be held at the University of Arizona early in August.

A partial list of Home Economics demonstrations to be given this Saturday is as follows:

### 1. In Clothing:

Color Harmony, Elva Warner, Dorothy Atherton, Jolly Commuters Club.

Glue Method for Cleaning Washable Woolens, Carole Berry, Karen Carter, Cook 'n Chuckle Club.

How to Sew on a Button, Rache Romo, Pitch Patch Club.

Making a Sewing Box, June Rose, Brenda Whitton, Snip and Sew Club.

Making a Mit Pot Holder, Yvonne Whitten, Snip and Sew Club.

How to Make a Garment Cover, Margaret Holtsoi, Pitch Patch Club.

How to Thread a Needle, Marla Patch, Stitch and Ditch Club.

The Three S's of Hair, Margaret Schott, Sandra Neese, Busy Women Club.

"Shine Mister", Cheryl Higgins, Busy Women Club.

Packing a Suitcase, Bonnie Lee Winnett, Busy Women Club.

Sewing on a Button, Brenda Neese, Busy Women Club.

Nails or Bind Claws, Janie Rushin, Busy Women Club.

Fitting Fashions to the Figure,

Karen West, Maridean West, Mesa Jack Rabbits.

### 2. In Foods:

How's and Whys of Sandwiches, Joyce Barry, Laurene Hardin, Hem & Ha's Club.

Making Home Made Ice Cream, Helen Faulkner, Margaret Faulkner, Hem & Ha's Club.

Baking Powder Biscuit, Jo Ann Atherton, Sip and Sew Club.

Preparing Grapefruit for the Table, Phyllis Barton, Sip and Sew Club.

Making Peanut Butter Cookies, Wilma Stewart, Iva Jones, Busy Bees Club.

How to Make Cinnamon Toast, Hope Kimball, Connie Kimball, Sip and Sew Club.

Scrambled Eggs, Jacque Kloby, Karen Keeton, Sip and Sew Club.

Setting the Table, Bobby Hodges, Jerelyn Durnil, Cook 'n Chuckle Club.

Making Potato Soup, Suzanne Heinitz, Irene Erwin, Seam and Steam Club.

Judging Biscuits, Mary Nicholas, Mary Uhl, Cook 'n Chuckle Club.

Making Biscuits, Rosalinda Sakiestewa, Haymakers and Homemakers Club.

Proper Measuring, Virginia Ray, Marigold Lomayesva, Haymakers and Homemakers Club.

Making Cinnamon Toast, Patsy Burns, Kitchen Maids Club.

Paring and Sectioning Grapefruit, Alberta Patch, Kitchen Maids Club.

Cooking Boiled Eggs, Betty Burton, Kitchen Maids Club.

How to Make Cinnamon Toast, Carla Patch, Stitch and Ditch Club. Preparing Potato Salad, Elaine Betts, Jolly Commuters Club.

Setting a Table, Armilda Golden, Beverly McDonald, Busy Women's Club.

Quick Sponge Cake, Mary Bober-sky, Jolly commuters Club.

Making Cocoa, Ann Lon Michener, Jr. Farmers and Homemakers Club.

Foods We Should Eat Daily, Evelyn Frauenfelder, Jessica Reiss, Jr. Farmers and Homemakers Club.

Measuring the 4-H Way, Linda Michener, Judy Morse, Jr. Farmers and Homemakers Club.

Making Peanut Butter Cookies, Ruth Ann Moody, Jr. Farmers and Homemakers Club.



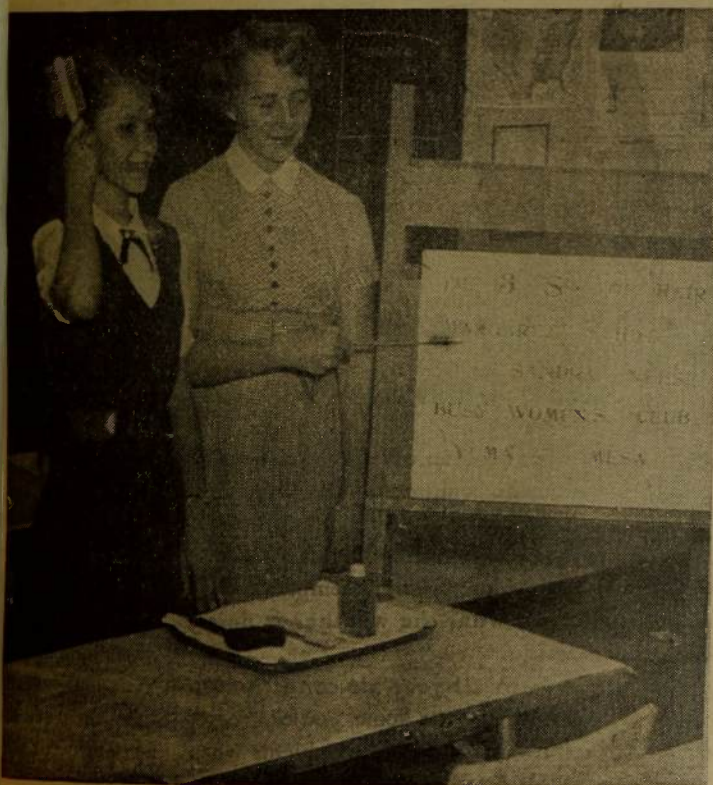
# Demonstrations Show Preparation



**ABLE DEMONSTRATOR**—Margaret Holstoi of the Parker Pitch and Patch club went right to work and whipped up a garment protector for the judges. She was using an unfamiliar sewing machine, but this did not seem to faze her, as she went on to get a blue award. (Farmer Photo)



**TOP SENIOR DIVISION**—Dorothy Atherton, left, and Elva Warner of the Crane Taste and Baste club topped Senior Home Economics division with their demonstration "Color Harmony". To illustrate their points, the girls had dressed dolls in different colors and styles of clothing. Dorothy and Elva outlined basic information on tints and shades, and were ready with tips on color selection for different occasions and events. (Farmer Photo)



**WIN AWARD WITH GROOMING TIPS**—Sandra Neese, left, and Margaret Schott, of Busy Women's club on the Yuma Mesa, won a blue award with their illustrated tips on hair grooming. The girls pointed out the need for self-assessment before choosing hair styles, and showed how a change in style can make a big difference in appearance. (Farmer Photo)



**BLUE RIBBON BISCUITS**—The judges watched Mary Uhl, left, and Mary Nichols of the Cook 'n Chuckle club make biscuits. After samples were provided, and the demonstration was reviewed, the girls were awarded a blue ribbon. They must have been good. (Farmer Photo)



Miss Mariel Hopkins  
Home Demonstration Agent  
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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Dress Revue (cont.)

on Tuesday night previous while Miss Church and Miss <sup>✓</sup>Byrley were at the Fair. First year girls in their aprons and mit potholders were scored Saturday evening beginning at 6:45. Mrs. Ellenore Face and Mrs. Margaret Pritchard were the judges. Since the scoring had taken place previously, the Agent was very glad that the girls showed up for the public revue almost to the last girl. They did the best job modeling that they have ever done. Mrs. Harry Ellis was narrator and the Agent broadcasted over KYUM out front to one side of the stage. She thus had a good view and was really very proud of the girls. The bleachers were full of parents, friends and just spectators and they were a large and appreciative audience. Senior Division winners were: Sports, Mary Bobersky; Best Dress, Maybelle Marm; Suit Dress, Joyce Barry; Tailored Coat, Helen Faulkner; Party Dress, Norma Baldrige; School Dress, Barbara Braden. The senior sweepstakes dress revue winner was Maybelle Mason and the Junior sweepstakes dress revue winner was Sandra Neese. The senior girls receive free trips to the 4-H Round-Up in August. Since there is no Junior dress revue at the Round-Up, Sandra Neese receives a cash award of ten dollars.

Round-Up

The 4-H Round-Up this current year took place August 22 through 26. This was a change from previous years when the event has been held in June. It worked a hardship for Yuma County because, generally speaking, August is the month for family vacations. One father, in particular, gave up his vacation so that his two daughters might go, which seems hardly fair.

As it was, we were successful in having nine demonstrations, when twelve were originally planned. In dress revue, Yuma County had five contestants, and there were three judging teams. Contestants from Yuma County and placements won were as follows:

Judging:

Senior Clothing - Helen Faulkner	)	Blue ribbon team -
Margaret Faulkner	)	Helen Faulkner placed
Joyce Barry	)	second high of all entries

Miss Mariel Hopkins  
Home Demonstration Agent  
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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Round-Up (cont.)

Junior Clothing - Nelya Warner	)	Blue ribbon team
Margaret Schott	)	
Sandra Neese	)	
Senior Foods - Norma Baldridge	)	Red ribbon team
Laurene Harding	)	
Elva Warner	)	

Dress Revue:

School dress outfit - Barbara Braden - Red ribbon award  
Active sports outfit - Mary Ellen Bobersky - Red ribbon  
award  
Party dress costume - Norma Baldridge - Red ribbon award  
Tailored outfit - Joyce Barry - Blue ribbon award  
Best dress outfit - Maybelle Mason - Blue ribbon award

Demonstrations

Senior Clothing team - Dorothy Atherton	)	Blue ribbon award
Elva Warner	)	
Senior Clothing Individual - Bonny Winnett		Blue ribbon award
Junior Clothing Team - Margaret Schott	)	Blue ribbon award
Sandra Neese	)	
Junior Clothing Individual - Margaret Holstoi		Blue ribbon award and medal
Senior Food Preparation Team - Laurene Harding	)	Blue ribbon
Joyce Barry	)	award and medal
Senior Food Preparation Individual - Mary Ellen Bobersky		Blue ribbon award
Junior Food Preparation Team - Reta Welch	)	Red ribbon award
Larry Thatcher	)	
Junior Food Preparation Individual - Rita Baxter		Blue ribbon award
Senior Dairy Foods Team - Helen Faulkner	)	Red ribbon award
Margaret Faulkner	)	

Summing the above up, the Home Economics contests in which Yuma  
County had entries were as follows:

Miss Mariel Hopkins  
Home Demonstration Agent  
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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Round-Up (cont.)

<u>Judging</u>	<u>Events</u>	<u>Contestants</u>
Clothing	2	6
Food Preparation	1	3
<u>Demonstrations</u>		
Clothing	4	6
Food Preparation	4	6
Dairy Foods	1	2
<u>Dress Revue</u>	1	5

Two demonstrations in Home Furnishings had to be cancelled at the last minute because of vacations. One was a Senior team - Subject - "The Making of Unlined Draperies"; the other was a Junior individual - Subject - "Making Box Furniture".

Yuma County's 4-H  
Contestant in the  
Tailored Division  
of the Dress Revue,  
State Round-Up  
1955



Miss Mariel Hopkins  
Home Demonstration Agent  
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Yuma County's 4-H  
Contestant in the  
Best Dress Division  
of the Dress Revue,  
State Round-Up, 1955



Yuma County's 4-H  
contestant in the  
Party Dress Division,  
State Round-Up, 1955



Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
1955

D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project - D 4-H Clubs (cont.)

"Make It With Wool Contest"

For three years, advanced Yuma County 4-H girls have taken part in the "Make It Yourself With Wool" contest sponsored by the National Wool Growers Association. In 1952, at the contest at the State Fair, Myrna Ellis entered the senior division modeling a Forsman wool suit and top coat which she had made. Colors of her outfit were cinnamon, gray and old gold. She was awarded the portable sewing machine offered as a special prize by the American Woolen Association.

In 1953, five Yuma County 4-H girls entered the contest. They were as follows: Charlotte Salyer, a Miron Wool Flannel outfit in plain powder blue combined with a shepherd's check in matching blue and navy; Marilyn Carlisle, a Cambridge Gray Flannel outfit consisting of a circular skirt and lined Eton jacket; Helen Faulkner, a Miron Wool Flannel outfit (same material as Charlotte Salyer's); Sandra Gaines, a wheat yellow wool crepe dress of very interesting design; Joan Koogler, a sport dressmaker suit with a boxy lined jacket and a close fitting skirt.

Charlotte Salyer was the prize winner of the group. She was awarded sheer wool yardage, for a dress.

In 1954, ten Yuma County 4-H girls entered the "Make It With Wool". They were as follows: Norma Baldridge, a Powder blue jersey dress and matching stole with black and white accessories; Joyce Barry, a Dusty Rose flannel dress and matching short jacket with black accessories; Mary Ellen Bobersky, a deep turquoise jersey dress with hand crocheted angora wool collar and hat band. Her accessories were black and white; Marilyn Carlisle, an imported grey flannel with hand embroidered dots in chinese red. Her accessories were navy blue; Helen Faulkner, a full length coat in frosted toupe lined, with avacado green milium satin. Her accessories were avacado green and brown; Margaret Faulkner, a swede suit of brown mixed with gold and grey; Laurene Harding, a sport full-length coat in heather tan. Her accessories were brown and orange; Susan Rohrbough, a full length coat in deep wine. Her accessories were black and teal; Charlotte Salyer, a royal red full length coat with a grey wool dress and black accessories; Betty Smith, a frosted blue short coat with red and grey accessories.



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project - D 4-H Clubs (cont.)

"Make It With Wool Contest"

All girls were in the Junior division, in which Yuma County won three awards. Marilyn Carlisle won a trip to the National Contest in Salt Lake City, Utah; Mary Bobersky won a portable feather weight sewing machine; Betty Smith won wool yardage.

This current year of 1955, plans for the contest have been changed on the State level. A District Supervisor has been appointed in the person of Mrs. Ellenore Face of Yuma and a State Supervisor in the person of Mrs. Mary Robertson of Tucson. The District contest takes place in Yuma on December 19 and the State contest some time in January. While several Yuma County 4-H girls are entering the contest obviously results must await next year's report to tell. However, one of the girls, Joyce Barry, is a delegate to the Chicago 4-H Contress. She has hurried to finish her full length Forsman's wool coat and is proudly wearing it to the Congress.

Candidates for National 4-H Club Camp

This current year, as with previous years, saw good competition for the National 4-H Club Camp award on the County basis. From the records submitted, Charlotte Salyer's record was chosen as the County winner. She was, in turn, awarded the trip to Washington, D. C. as a State winner.

With the three other winners, Charlotte received nice recognition at the Round-Up after she returned from her trip. In Yuma, she spoke before several civic organizations. She was also a guest on a television program with the Home Demonstration Agent in charge. Sharing the program was Rosalie Robles, our 1954 State winner and the girls did a good job sharing their experiences and stressing the objectives of 4-H Club work. This is the first year the delegation has traveled by air to Washington which made an interesting highlight.



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Candidates for National 4-H Club Camp (cont.)



TRIP WINNERS—Four Arizona 4-H Club members who have won trips to the National 4-H Club Camp in Washington, D. C., are, left to right, Charlotte Salyer, Somerton; Maynard Clark, Tumacacori; Dwaine Gale, Duncan; and Anita Hand, Tucson.

## Charlotte Salyer Is Named Winner Of Trip to 4-H Camp in Washington

Charlotte Salyer, daughter of Mr. and Mrs. Howard Salyer of Somerton, has been awarded a trip to the 25th National 4-H Club Camp at Washington, D.C.

The camp will be held June 15-22.

Eighteen-year-old Charlotte has completed seven years of 4-H Club work with the Somerton Junior Farmers and Homemakers Club. She is a senior at Yuma Union High School.

During her 4-H Club work, Miss Salyer has made 32 clothing articles, baked 127 cakes, 65 pies, 105 dozen cookies and 45 dozen doughnuts.

In addition she has put up 75 fryers, 35 quarts of home-canned corn, 60 quarts of string beans, 8 quarts of dates, 4 quarts of black-eyed peas, 42 quarts of figs and 6 quarts of carrots.

In the agricultural field, she has raised 580 chickens, fed 9 fat calves, raised 1 sheep and grew 8 vegetable gardens. Miss Salyer has also made 5 articles for room improvement and grew 6 flower gardens.

Three other Arizona 4-H'ers have also been notified that they have won trips to the Club Camp. Maynard Clark, 17, of Tumacacori; Anita Hand 18, of Tucson; and Dwain Gale, 17, of Duncan, have received the trip award.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Recognition Banquet

The County 4-H Recognition Banquet, held this year on Saturday, October 15, was a very successful event. Changes in plans from previous years included doing it in pot-luck fashion rather than having the meal served. Each Club or Community banded together to bring their own food with the exception of the ice cream, milk and coffee, which were donated for the entire group. Approximately four hundred were in attendance, including 4-H'ers, leaders and parents. The program was as follows:

Master of Ceremonies - Favil West, 1954-55 President Yuma County  
4-H Council  
Invocation - Rev. Stanley Olson, Faith Lutheran Church  
Introduction of Guests - Mary Bobersky, 1955-56 President Yuma  
County 4-H Council  
Certificates of Leaderships - Ray Weick, Acting County Agent  
County 4-H Winners - Home Economics - Mariel Hopkins, Home Demon-  
stration Agent; Bettie Mead, Assistant Home  
Demonstration Agent  
County 4-H Winners - Agriculture - Ray Weick, Acting County Agent  
in Charge of 4-H Club Work  
Round-Up Awards - Mariel Hopkins, Ray Weick  
Address - Graham P. Wright, State 4-H Club Leader  
Installation of Officers - Graham P. Wright  
Yuma County 4-H Council and Leader's Association

Because of the distance to travel, clubs from the Northern part of the County have not participated in the County Achievement event. However, this year, because the new road between Quartzsite and Parker has greatly facilitated travel, a goodly delegation came and returned home the same night.

Special Events

February of each is the month of the Silver Spur Rodeo in Yuma County. The 4-H organization has from the beginning prepared a Float for the Rodeo parade and this year was no exception. A very attractive float was built and the Home Demonstration Agent was active both with plans and actual construction of the float. A flat truck bed was used on which a large 4-H emblem was fashioned using chicken wire stuffed with many, many paper napkins. 4-H

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Special Events (cont.)

Agriculture was portrayed at the front of the truck with a garden using lettuce heads, carrots, etc. Two 4-H boys rode on a bale of hay with a small lamb between them. In the rear Home Economics projects were shown with a specially made range, a sewing center, etc. 4-H girls manned the stations. The float received one of the trophy awards.

Yuma County felt proud to be selected for a special 4-H clothing meeting involving Miss Helen Church, State Clothing Specialist and Miss Alice Lynn, Federal Clothing Specialist. They came to the County on January 23rd. A group of seven third year Clothing girls and eight advanced Clothing girls took part in a validation test for a State Club bulletin. There were also four Leaders present. The meeting took place in the Yuma Union High School Clothing Laboratory beginning at 4:10 P.M. and lasting until 6:10 P.M. Each girl was supplied with a sewing machine. Materials on which to work were supplied by Miss Church. It was a stimulating experience for all present and went forward without a hitch.

In March 5th, a 4-H Barbecue took place to celebrate the dedication of the new Domestic Exhibits Building at the Fair grounds. This was really an undertaking particularly since the Agents were out of the County most of the week prior to the event. Plans were well under way before we left for the 4-H Conference however, and we did a lot the Friday and Saturday after returning. The North and South Gila Homemakers Club made the cole slaw, the Mohawk Valley Club made the barbecue sauce, the Gadsden Homemaker Club cooked the beans. This Agent saw to getting the food, equipment, etc., with which to work, supplied recipes, etc. The barbecuing of the meat was supervised by a Mr. Gayle from Wellton and was worked on by a group from Crane with Ray Weick.

Twelve hundred people were served and there was food for more. The food was good and it was the general feeling that much good will had been built for 4-H.

4-H Camp

The State 4-H Camp, as for three years past, was held on the Church Conference Grounds near Prescott. A delegation of more than sixty 4-H'ers went from Yuma County. Counties included in the Camp were

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

4-H Camp

Apache, Coconino, Gila, Navajo, Maricopa, Yavapai and Yuma. The Yuma County Home Demonstration Agent did not attend this year but in her place the Assistant Home Demonstration Agent was the official chaperone of the Yuma County 4-H girls. The Agent has heard many favorable remarks about the camp from both 4-H'ers and parents.

County Council Meetings

The Agents have attended and taken part in the meetings of the County 4-H Council. Dates for these meetings have been scheduled to precede County events when it was necessary to formulate policies and plans.

This is the sixth year that Yuma County has had a 4-H Leader Council. This organization has been a big help in organizing and scheduling duties for all County 4-H events.

Dates for Council meetings have been January 8; February 5; April 2; May 14; June 11; September 10; October 1. It was voted this Fall to meet once in two months rather than once a month. This was voted to make it easier for Council members to attend during the busy school year season.

Recreation

In community 4-H clubs, recreation is a part of most every meeting and usually one or two meetings are set aside during the year for a complete meeting on recreation.

For the last three years a contest for Fair Queen has been conducted prior to the County Fair, as a fund raising project. Since 4-H has been the nucleus for the Fair, the Councils voted in 1953 and 1954 to be a part of these contests. In 1954, Mrs. Agnes Salyer, leader of the Somerton Junior Homemakers club, sponsored the 4-H drive and a good many 4-H recreation events resulted. Among them can be mentioned: a 4-H chicken pie supper in the Somerton School cafeteria; A cake auction by Home Demonstration club members; a barbecue in the Gadsden Park; a second chicken pie supper held in the Pecan Grove School Cafeteria in Yuma Valley. In all these events, the Agent assisted with the planning and preparation of the food.



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

1. Organization (cont.)

Sub Project D - 4-H Clubs (cont.)

Recreation (cont.)

Our 1954 Queen contestant was Claudia Yowell. She was a most deserving as well as a lovely candidate. Competition was very keen and when final accounting was made, Claudia was in fourth place.

This current year it was generally agreed that the 4-H Council should not enter the Queen contest. The reason is that the contest comes at a time when 4-H families are far too busy to be spending time on this type of community activity.

Sub Project E - Reports

Reports from the Home Demonstration Agent's office take the form of a monthly narrative and statistical report. To these, this year - since an assistant Home Demonstration Agent has somewhat relieved the congestion in the program - a weekly report as well.

The Agent has a calendar outline where she writes down appointments, makes notes concerning meetings, etc. Reports are largely made from this calendar.

XIII Nutrition

In no phase of Home Demonstration work are the effects of a long term program more evident than in nutrition. Requests for assistance come from what communities have learned to be important, sometimes extending many years back. For this reason, it seems hardly fair to tell of one years work in nutrition without going back for at least a brief account of teachings and accomplishments in previous years.

Two decades ago, Yuma County, through the Home Demonstration service had an intensive course in child care. The Agent is still feeling the influence of this course and from time to time, she receives requests for the literature from the Children's Bureau in prenatal, infant and pre-school child care.

In 1949, the Agent added to her bulletin supply, the one entitled "Your Children from 6 to 12", published by the Children's Bureau of the Federal Security Agency. This last named, went to Camp Fire Guardians, to Parent Teacher Association committee members as well as to our Extension Personnel. This current year, there have continued to be requests for this bulletin.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

The long established custom of giving advice on food preparation, means that the Agent is called on for advice in all phases of food preparation from supplying recipes to interpreting results.

Three factors have always influenced the growing of home vegetable gardens in Yuma County as follows: character of soil and water supply; climate; proximity of commercial vegetable growers. In a large portion of Yuma County, the soil is salt and does not lend itself to the growing of a variety of produce. Irrigation systems furnish water for comparatively large areas, but are difficult to adjust for a small area such as a home vegetable garden. The growing season extends for the entire year with possible exception of two months in the extreme heat of the summer. Because of commercial truck gardens, Yuma County markets are abundant in both variety and amounts of fresh fruits and vegetables and at a cost less than that of production on a small scale. In short, the growing of home vegetables and fruits is not generally practical in Yuma County. There are, of course, certain exceptions.

Sub Project A - Food Production

Always, the Home Demonstration program in Yuma County, in all phases of Food production, has been subsidiary to that of the County Agricultural Agent. The Home Demonstration Agent has included timely information on poultry and egg production as well as home gardens in her publicity. 4-H garden and poultry projects are supervised by the Assistant County Agricultural Agent.

Sub Project B - Food Preservation

A part of the Home Demonstration Agent's time each month of the year is occupied with dispensing information on food preservation. This is because food material grows in Yuma County the year round.

However, this presence of fresh food materials has made Yuma County not one which cans or freezes heavily. The practice is to preserve the surplus which occurs and to use it to supplement the fresh vegetables and citrus fruits of the long growing season. Such fruits as apricots, peaches, pears, plums, cherries do not grow to any extent locally. The last few years there has been rather large scale trucking of such fruits from California which has stimulated home canning and freezing. Then, too, since Yuma is located on the border of California orchards, many homemakers go to California for the purpose of canning and drying the fruit.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project B - Food Preservation (cont.)

The year of 1943, saw an effort to make the drying of vegetables in Yuma County practical. Dehydrators were built in farm communities and two result demonstrations conducted. While the dried products were fairly palatable, yet, without exception, homemakers preferred canned foods. Drying was not deemed of much practical use in Yuma County, because surplus can better be conserved by canning or freezing.

In 1943, also, when pressure canners were being rationed approximately one hundred new pressure canners were purchased in Yuma County. This has, in all subsequent years, helped materially the home canning of food materials. In years past, some work has been done by the Agent in testing the accuracy of pressure gauges. However, Yuma County's dry climate, together with sea level altitudes, tends to keep gauges accurate and to minimize the importance of such testing.

The last eight years have seen a decided decline in canning in favor of freezing as a method of preservation. This seems to be due to the greatly increased facilities for freezing. In September of 1945, a commercial freezer storage locker plant was opened for trade with more than sixty per cent of the rentals going to rural people. This plant is at present operating at peak capacity. In addition, the last eight years have seen home freezer cabinets installed in a great many of the rural homes in Yuma County.

From 1945 to the present time, the Agent has attended a total of six workshops on Food Preservation, given at the University of Arizona, under the auspices of the State Extension Staff. Each of these has served as a refresher course and results have been given back to all organized groups in the County.

The Agent receives many requests for information on packaging for freezing. These are, of course, all answered.

One thing should be mentioned here and that is the influence 4-H Club work has had in spreading up to date information on packaging for freezing. Some of the girls have worked up excellent demonstrations and in the process of so doing, have become very well informed, along with their leaders, on the subject. It has created an authoritative source of information in at least three county areas.



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project B - Food Preservation (cont.)

An added stimulus to canning food material this year has come through work with the various Superintendents of the Women's Division of the Yuma County Fair. One television program to stimulate interest in canning food was given by the Agent in August with the help of Mrs. Lillie McCain Smith, head Superintendent. Illustrative material was secured by the Agent from Mrs. Betty Cuming, a Home Demonstration Club member from Gadsden. The Agent has received many favorable comments on the program and from homemaker reports, it has stimulated not only canning but also freezing of surplus food material.

Somewhat as an aftermath of the above requests from our regularly organized Home Demonstration Clubs came in this current Fall for a demonstration on "Taking the Guess Work out of Jelly Making". Accordingly, the Agent got out her jel meter and made jelly at three different community clubs. In every instance the jelly made was high grade. A good many years ago the Agent had negotiated the purchase of jelmeters by homemaker club members and there are still a few of these in each community. It is planned to use this neighborhood fashion for jelly making.

Sub Project C - Food Selection and Preparation

Work in food selection and preparation falls into three classes as follows:

1. Project work with adults
2. Request work with adults
3. 4-H Club work

Project Work With Adults

In 1949, the Extension Nutritionist, was in charge of a Leader meeting, "Favorite Mexican Dishes". It took the form of a buffet luncheon prepared, served and its nutritional value developed in a round table discussion. The menu was as follows: Chiles Rel-lenos; Frijoles Refritos; Rospadas; Ensalad d Aguscata; Cocada; Coffee. While returns from this meeting have been fair, yet women have not been very enthusiastic, because the dishes were elaborate and relatively expensive and because living near the Mexican border, the art of Mexican cooking is already highly developed in all communities.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project C - Food Selection and Preparation (cont.)

Project Work With Adults (cont.)

In 1950, before Miss Reva Lincoln, Extension Nutritionist, resigned her position, she conducted two leader meetings in the County as follows: "Meals That Can Wait", "Salads from Locally Grown Products". These demonstrations were repeated in part and in whole by leaders and by the Agent. In the former, a "Master Mix", "Roux", etc., are used in the preparation of an oven meal, a broiler meal, as well as top stove dishes. The latter consisted of just what the title implied, the making of luncheon and dinner salads. Suggestions given in the demonstrations, have been widely used in all communities.

Early in November of 1951, Mrs. Elsie Morris, Extension Nutritionist, responded to a long expressed request of the County Homemakers Council. She conducted an all day leader meeting on "Food for Entertaining". The morning was spent in discussion and demonstration, after which the group divided for actual preparation of a noon day buffet meal designed for entertaining. Foods prepared were correct nutritionally, as well as being very attractive. Powdered milk was used in abundance. Foods prepared included: a center-piece of an egg plant, tooth picks stuck with carrot curls, baconettes (broiled bacon curls with peanut butter), olives and cream cheese pecan halves, Chile Rellenos, broccoli and cauliflower salad on romaine, pin-wheel biscuit, cocoa with powdered milk topping, ambrosia, scotch toffee.

Between November 1951 and March 1952, in all eleven communities represented at the leader meeting, the subject matter, and in five instances, demonstrations were given as follow-ups.

The largest carry over from this work, has been the increased use of dry skim milk as a supplement to whole milk.

In March of 1952, a County all-day meeting on "Good Breakfasts" was held with Mrs. Elsie Morris, Extension Nutritionist, Instructor.

Laboratory phase of the meeting was the preparation of foods which the class members served as a noon brunch. Foods prepared were as follows: Fresh Fruit Centerpiece; Spoon Corn Bread; and Bacon. Dried non-fat milk was made up and served ice cold for the beverage. Coffee was also served.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project C - Food Selection and Preparation (cont.)

Project Work With Adults (cont.)

The discussion phase of the meeting centered around a general explanation of the nutritional needs for a good breakfast. Emphasis was placed upon the importance of milk in the diet. The discussion method was very well developed and the entire group participated freely. Nine communities were represented. A questionnaire had been previously prepared by Mrs. Morris, inquiring into family food habits with special reference to breakfast and milk consumed. The questionnaires were used in the County and collected at a later date.

Subsequently, the subject matter from this meeting was given back to all organized groups.

In June of 1953, two leader meetings were held, one for the benefit of clubs in the Southern part of the County, the other for clubs in the Northern part of the County.

The first of these was held in the Business and Professional Women's Clubhouse in Yuma. Participating were leaders from the North and South Gila club, the Yuma Mesa Club, the Wellton Mohawk Club, the Gadsden Club, the Upper Valley Club, the Wednesday afternoon club. The meeting took the form of a workshop on the Role of Protein in Safe Reducing, with Mrs. Elsie Morris in charge. This featured particularly broiled foods - liver, barbequed chicken, meat patties, steak. Swiss chard, salad vegetables and beef roast were contributed by leaders. A delicious, low-calorie, high protein luncheon was served at noon to all present. The afternoon was spent in establishing correct weights for all present and in formulating teaching procedures to be used by leaders at club meetings. A similar meeting was held in the Parker area, with leaders from the Parker Women's club and from Poston No. 1 and Poston No. 2 centers in attendance. In all cases, the work was well received.

During the 1953 year, Mrs. Elsie Morris was in the County for leaders meetings on "Bread Enrichment". On March 16, a leader meeting was held in the Methodist Church dining hall at Parker. This was for the benefit of club representatives in the Northern part of the County. On March 17, a similar meeting was held at the Agent's home for the benefit of club representatives in the Southern part of the County. Both of these meetings were enthusiastically received by the women who attended. Yeast breads pre-

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project C - Food Selection and Preparation (cont.)

Project Work With Adults (cont.)

pared by the women at the meetings were as follows: Golden Rich French Bread, Bread Sticks, Cracked Wheat Date Nut Bread, Whole Wheat Bread, Triple Rich Bread.

At both these 1954 leader meetings, there were requests for meetings on yeast rolls. Since the Specialist's schedule did not permit her returning to the County for further meetings, the Agent handled the requests by demonstrations before individual clubs in the Southern part of the County. For the Northern part of the County, she held a leader meeting as follows: because of summer heat, the meeting was held September 24, the Agent traveling to Parker the evening previous, to be ready for the meeting at ten in the morning. The Agent, early that morning, made up a formula of roll dough and the meeting began by making this into caramel pecan rolls for the noon lunch. Following this, the leaders worked in groups of three making a dough formula. While this was raising, Mrs. Mae Baldrige, gave a review of the leader meeting on "Enriched Bread" last March. Mrs. Baldrige included a report of the use to which this meeting had been put. Following the lunch period, the homemakers made their roll formulas into various shaped rolls (mimeograph sheets supplied directions). All the rolls were baked at the meeting and all were delicious. The meeting ended with all leaders anxious to carry on both for making rolls at home and for showing their respective club group. Throughout the meeting, an understanding of the function of all ingredients, both for good nutrition and for successful preparation, was stressed. A gluten ball was prepared, exhibited and baked.

At the Easter season this 1955 year, Home Demonstration Club members have wanted to make Hot Cross Buns. Accordingly the Agent gave a demonstration showing all steps of procedure. However, since the nutritive value and techniques of preparation had been done, these meetings were more social than formal.

Results of the entire program on bread enrichment in Yuma County during 1954 and 1955 are tabulated as follows:

Homemakers buying enriched flour and bread stuffs	680
Homemakers baking bread	185
Homemakers baking rolls	450



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project C - Food Selection and Preparation (cont.)

Project Work With Adults (cont.)

Homemakers using dry skim milk to enrich homemade bread & rolls	350
Homemakers storing homemade bread & rolls in freezer storage	200
Homemakers using wheat germ	100

Request Work With Adults

As in previous years, the Agent had a good many requests for recipes for holiday foods. Because of annual report work, it was not possible to have Christmas Suggestion leaflets mimeographed.

The traditional Christmas work meeting of the Gadsden Club was held on December 2nd. Following the custom of several years, our hostess was Mrs. Henry Frauenfelder. The meeting began at ten in the morning and the day was spent in making Christmas sweets. It was very successful in spite of the fact that this year there were no pecans to use in candy making. To the array of home made candy made at the meeting and brought by homemakers attending, this year popcorn balls were made. The latter were wrapped in "Seran" and tied with Christmas ribbons for tree hanging. Everyone went home happy.

The meeting of the North Gila club was a combination of the above and of making stuffed toys. It was also very successful.

Two special 4-H club meetings were held at which popcorn balls were made. At one of these, the movie of last year's County Fair was shown.

Following the planned program of work for 1955 in Nutrition, Leader meetings on "Outdoor Cookery" were held in May with the cooperation of Mrs. Elsie Morris, Extension Nutritionist.

In the Northern part of the County, the meeting was held at the Agricultural Extension Center, Poston Camp #2, beginning at 10:00 A.M. on Wednesday, May 11. The mimeographed sheet material for the meeting had been prepared on a previous visit of the Extension Nutritionist to the County. Even so, there was an unusual amount of preparation necessary so Mrs. Morris arrived in Yuma at noon on Monday. The afternoon and early Tuesday morning was spent in

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project C - Food Selection and Preparation (cont.)

Request Work With Adults (cont.)

shopping and necessary advance food preparation work. The trip was made to Parker on Tuesday and final shopping was done in Parker that evening. The meeting in the northern part of the County was the most successful Home Economics one of its kind to date with the Indian women. They were much interested. The chief emphasis of the meeting was on sanitation, good food habits and correct scheduling. Dr. J. N. Roney, Extension Entomologist, gave a very timely demonstration of fly eradication at the beginning of the meeting, using Dipterex and Malathion solution. Two charcoal grills were used, one a portable grill brought from Yuma; the other fireplace built from bricks by the local people. It was interesting that one of the Indian women remarked that she had seen a portable grill in one of the stores, but thought it was meant for a blacksmith shop. At noon, a goodly number of Indian men came to eat with their wives. Foods included barbecue broiled chicken; broiled steak; barbecued ribs; broiled beef patties; broiled fish fillet; cole slaw with carrots, lemon dressing; scalloped potatoes in foil; fresh corn in foil; combination vegetables in foil; French bread with garlic butter; fresh fruit; cocoa.

A similar Leader meeting was held for Leaders in the Southern part of the County on Friday, May 13th. This time our meeting place was the spacious home and beautiful lawn of Mr. and Mrs. E. P. Townsend in the North Gila Valley. This meeting will long be remembered by all present as a wonderful occasion from start to finish. Outdoor Cooking as a healthful, satisfying recreation has had a permanent boost in Yuma County by these two leader meetings.

During June of this year, two follow-up meetings on the subject were attended by the Agent, that is: -

The Gadsden Home Demonstration Club and the North and South Gila Home Demonstration Club held Barbecue meetings during the month and both were outstandingly successful. The Gadsden Club invited their husbands and children. The meal was served at sundown at the Felix Segulja ranch. Everything went off as planned featuring foods which had been demonstrated at the Leader meeting barbecue. It is worthy of note that Mrs. Segulja followed the suggestions of Dr. Roney, spraying with the malathion formula for fly eradication. As a result, in an area where flies are ordinarily very prevalent, there was not a single fly. The Agent saw none. The spraying was done a week ahead of time.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project C - Food Selection and Preparation (cont.)

Request Work With Adults (cont.)

The North and South Gila meeting was called for eight in the morning and the meal was served at eleven thirty. As with the Gadsden meeting, it was highly successful.

There have been other meetings during the month featuring outdoor cookery other than barbecue in which the Agent has taken part. These have featured some phase of the Leader meeting before referred to.

There have been reports of similar meetings supervised entirely by Leaders in Upper Valley, Yuma Mesa, Somerton, Yuma, Parker, Crane.

In all it is estimated that 400 families have profited by the program in "Outdoor Cookery".

Miscellaneous meetings on Food Selection & Preparation during 1955 with the Agent in charge include: The Making of Rolled Tacos; Uses of the Electric Frypan; Preparation of a "Good Breakfast".

Sub Project D - 4-H Foods

Project work in 4-H Foods is largely concentrated into the months September through June and is highlighted by:

1. Enrollments
2. Explanation of project requirements
3. Leader assistance
4. County demonstration contest
5. County Fair
6. State Round-Up

Most of this has been covered previously in this report. A few things, however, may be added: In preparation for the County 4-H demonstration contest held March 12th, the Agent mailed to club leaders and members, suggested subjects and sample outlines for demonstrations. Demonstrations worked on in the various clubs included, Making Baking Powder Biscuits; Making Peanut Butter Cookies; Making Plain Muffins; Making Whole Wheat Muffins; Scrambled Eggs; Making Salads; Making a Baked Custard; Foods We Should Eat Daily; Sandwich Making; Setting the Table; Making Sponge Cake; Making Cocoa; Measuring; Paring and Sectioning a Grapefruit; Making Cinnamon Toast; Making Cupcakes; Making Ice Cream.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIII Nutrition (cont.)

Sub Project D - 4-H Foods (cont.)

Five demonstrations were County winners and were given at the State Round-Up. These are here listed with State results as follows:

Dairy Foods-	Sr. Team Demonstration "Making Ice Cream", Helen Faulkner, Margaret Faulkner - Red ribbon award.
Food Preparation-	Sr. Team Demonstration "Hows and Whys of Sandwiches", Laurene Harding, Joyce Barry - Blue ribbon, Medal.
	Sr. Individual "Making a Quick Sponge Cake", Mary Ellen Bobersky.
	Jr. Team Demonstration "Making Baking Powder Biscuits", Rita Welch, Larry Thatcher - Red ribbon.
	Jr. Individual "Making Cup Cakes", Rita Baxter.

Two television programs during the year have featured 4-H Foods demonstrations as follows: Making Baking Powder Biscuits, Joe Smith and Abie Piceno; Hows and Whys of Sandwiches, Joyce Barry and Laurene Harding. Both programs were highly successful.

On February 3rd, Mrs. Elsie Morris, Extension Nutritionist, was in Yuma for a 4-H Leader meeting on Foods Judging. Eleven leaders assembled in the conference room of the new County Agent's office at ten in the morning for the meeting. The work centered around the actual judging of rings of hard cooked eggs and of muffins. Very good basic information on foods judging was presented by Mrs. Morris and the Leaders expressed themselves as having received much help on judging leadership.

Total enrollments in Food Preparation for the year amounted to 256. Of this number 197 completed. In explanation it can be said that the total enrollment sent to the State Office on January 10th of this year was 219. The remaining thirty seven were spring enrollments and the normal time for completions has not passed.

Food entries in 4-H at the Fair were larger in number than previous years and were in general of very good quality.



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing

Since the beginning of Home Demonstration work in Yuma County, more than three decades ago, clothing has been its strongest program. It is no wonder that there is now a nucleus of women who have learned many Home Economics Clothing techniques. These women are scattered throughout the County in all communities and act either formally or informally as adult and 4-H Leaders. Because of the added demands made upon the Agent's time by an expanding program, the Agent has, whenever possible, for the past several years, left formal instructions to these leaders. This has meant that there have been fewer adult demonstrations in clothing work given by the Agent than in previous years. The work on tailoring presented by the State Clothing Specialist during 1949, has greatly expanded the long time program. In addition, there have for six years past, been 4-H leader meetings on Clothing techniques. For these reasons, it seems best to tell of the clothing program in its relationship to the teachings of other years.

Sub Project A - Selection

For a good many years, as market conditions have changed, selection of materials has been a repeat program. In 1942, "Identification of Fibers", was presented at a Leader meeting and in turn was given to all Home Demonstration clubs.

In 1947, new materials again appeared in the stores after the war shortage. In October of that year, Miss Helen Church presented work in the County on the use and care of new materials. This included an exhibit of materials classified as cotton, rayon, nylon, combination nylon and rayon, fire resistant fabrics, materials (wool, cotton, linen) specially treated for overcoming laundering and wearing shortcomings.

In February of 1948, a clothing leader meeting was held with Miss Helen Church in charge. The subject of the meeting was "Style Trends". As usual, this was an all day meeting. The morning was occupied with an illustrated discussion. The afternoon was spent with a clothes "clinic". Some of the leaders brought dresses which they wanted to remodel. They modeled the garments and there was a round table discussion of what could be done to modernize them.

In October of 1948, Miss Church was again in the County for a Homemaker Council meeting. She brought along an exhibit of children's clothing bearing tags giving the gaulmer measurements made according to government specifications.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project A - Selection (cont.)

In 1949, the Tailoring School conducted by Miss Church, included work on selection of materials.

In January of 1952, a kit on the new materials prepared by Miss Helen Church was sent to the Agent and was used by the Agent at all her meetings, both 4-H and adult. On three occasions, it was loaned to leaders for use at meetings, which the Agent did not attend.

On November 13, 1952, Leaders from seven communities, met in the Business and Professional Women's Clubhouse for an all day meeting on Wardrobe Planning. In preparation for the meeting, the Agent mailed forms prepared by Miss Church on which leaders were to itemize clothing on hand. These they brought to the meeting and were used for the laboratory period in the afternoon.

Points emphasized were:

1. Color - "Build your wardrobe around a color theme of one or two basic colors such as black, navy, green, brown, and gray".
2. Basic dress or suit.
3. Planning for balanced expenditures.
4. Accessories, shoes, etc.
5. Textile intelligence, buymanship, care, use.

A very carefully worked out kit for wardrobe planning was left by Miss Church in the County for follow up meetings.

During 1953, the subject matter from this leader meeting was given back to organized groups.

On march 10th of 1953, Miss Helen Church was in charge of a leader meeting on "New Fabrics". The meeting began with the showing of two movies, one on the actual factory procedure for making a man-made fiber, the other on care and ironing of acetate garments. The afternoon was spent in a discussion of the subject supplemented with well planned illustrative materials. Miss Church left two kits in the County for use at follow up meetings.

In 1954 there was opportunity for but one visit to Yuma County of Miss Church, in the interest of the adult clothing subject matter program. Since her subject was "Altering Ready to Wear", it belongs

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project A - Selection (cont.)

partly under the heading "selection" and partly under "construction". It is briefly as follows: Monday, October 4th, the Agent and Specialist journeyed to Parker and from there went to Poston Camp #2 on Tuesday morning and for an all day leader meeting in the Home Economics Laboratory of the Agricultural Extension headquarters.

Leaders, by request, brought ready-to-wear garments, which did not fit correctly and Miss Church used them as demonstration material. Before the meeting closed, the subject of altering was very thoroughly covered. Women have since reported that garments altered as directed, are proving highly satisfactory. On Wednesday, October 6th, a similar meeting to the above, was held at the Agent's home for leaders in the Southern part of the County. This proved to be a meeting with good participation on the part of the women and one enthusiastically received.

A total of twelve communities were reached by these two leader meetings, as follows: Gadsden, Somerton, Crane, Yuma Valley, Yuma Mesa, Yuma, Mohawk Valley, Wellton, North Gila, South Gila, Parker, Poston. The Agent has been present and helped with follow up meetings in four communities. Results from these meetings are:

Homemakers influenced for better buymanship of "Ready to Wear"	450
Homemakers making alterations of "Ready to Wear"	150

A State Extension Sewing Machine workshop, was held in Tucson the week of May 10, 1954, with Miss Helen Church, Clothing Specialist in charge. The Yuma County Agent attended. Standard machines of various makes, both shuttle and round bobbin, were supplied for each Agent and were systematically cleaned and adjusted. Each Agent was supplied with a poster outline of procedure to use for meetings in the County. Among the bulletin material was, "Buying Your Home Sewing Machine", U.S.D.A. Home and Garden Bulletin 38. The Agent has found good demand for this bulletin since returning from the workshop. She publicized the bulletin in her weekly column and has distributed eighty-six copies on request.

Be that as it may, the Agent has been disappointed in requests for follow-up Sewing Machine workshops in the County. Only three have materialized as follows:

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project A - Selection (cont.)

On June 11, 1954, a workshop was held in the North Gila Valley, for the benefit of homemakers living in both the North and South Gila. Twelve homemakers reported with their sewing machines and a successful day was spent in thoroughly cleaning and adjusting the machines.

On August 17, 1954, a similar workshop was held at Wellton. Here, the Agent worked with the program chairman of the Homemaker Club who secured the list of homemakers interested. Fourteen homemakers brought machines and a successful day's work followed.

On January 26th, 1955, a sewing machine clinic was held in the Rood Community Center. Nine women sent in requests to clean and adjust their sewing machines and as many reported for work at 10:00 A.M. In every case a thorough job was done and good results obtained. The meeting closed at 3:30 P.M.

Garment construction techniques have always been popular with Home Demonstration club members in Yuma County. During 1947, the chief achievement in this field was adoption of short cuts in sewing from a leader meeting conducted by Miss Church. She wrote a bulletin for this meeting entitled "Save Time by Short Cuts". The short cuts taught, have proven very popular all years since, to the present and have been used not only with adult groups, but with 4-H clubs as well.

The wrist pin cushion is much in use, partly because until this Fall it was one of the first year 4-H clothing requirements, but also because of the above short cut meeting. The jiffy method of putting in zippers, is being used in every community.

In April, 1948, Miss Helen Church initiated a program with Home Demonstration clubs on "Use of Sewing Machine Attachments". Subsequently, the Agent conducted similar meetings with all Home Demonstration clubs. It has been estimated that more than two hundred homemakers have extended their use of sewing machine attachments because of these meetings.

During 1948 and 1949, repeat demonstrations were given all communities by leaders. The Agent has had many opportunities to use the information with individuals and groups in all subsequent years.

In 1949, a Tailoring School was held. Its teachings have since largely dominated the clothing program. For this reason, it seems well to describe it again in some detail.



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project A - Selection (cont.)

As already told, the foundation for the school was laid with a leader meeting on selection in February, 1949. In July, the Home Demonstration Agent sent a letter to club representatives enclosing an enrollment card. As a result, there were forty enrollments expressing fairly evenly distributed preferences for coats and suits.

During October, two all day meetings were held on suit making and two on coat making. After material and patterns had been selected, shoulder pads were made. Next, muslin garments were cut from the patterns selected. These were then very carefully fitted to the owners. Grain lines were very carefully watched. If the materials were not marked "sanforized", it was shrunk by class members at home following directions by Miss Church. Pattern alterations were made from the muslin after fitting. The following bulletins were used as source material. At the first meeting, each class member made up a kit of these bulletins together with mimeograph sheets on "Stay Lines" compiled by Miss Church.

U.S.D.A. Farmer's Bulletin #1894 "Coat Making at Home"  
U.S.D.A. Farmer's Bulletin #1964 "Fitting Dresses"  
U.S.D.A. Farmer's Bulletin #1968 "Pattern Alteration"  
U.S.D.A. Misc. Pub. #591 "How to Tailor a Woman's Suit"

Because of the tailoring school, thirty-six leaders, adults, and 4-H'ers have reached a higher level of accomplishment than ever before.

They have proven very helpful in building correct clothing procedures in their communities and will continue to do so for years to come. The Agent considers it a job extremely well done.

In May and June of 1950, there were leader meetings on pattern alterations. A total of 199 members altered patterns at meetings. For the follow up meetings, a kit was left in the County by Miss Church and was used by all groups.

During 1951, pattern alteration work was carried on by leaders. In January of 1951, Mrs. Mary Robertson, Acting State Clothing Specialist, was in Yuma County for a series of three leader meetings. Two of these were for 4-H leaders. The third was a meeting for Home Demonstration club leaders. The Subject was, "New Techniques in Sewing" featuring placket finishes, cordings, collar and pocket finishes, belts, etc.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project B - Construction

During February and March of 1952, Better Dressmaking Schools were held with Miss Helen Church in charge. Both 4-H leaders and adult club leaders signed up. At the first meeting, Miss Church showed slides illustrating style trends and steps to follow in beginning a better dress. Then followed a demonstration on measurements and on pattern alteration. Women worked in groups of two, taking their measurements and recording them. Miss Church passed out directions for home work to be done before the meeting early in March.

In March, forty-six women finished dresses as a result of the schools and there was much enthusiasm over the success of the finished products. The dresses were outstanding in design, workmanship and becomingness. Fitting problems had been expertly handled.

Results from these Better Dressmaking Schools, were compiled and included in the Agent's 1952 Annual Report.

In October of 1953, Miss Church again came to the County for Clothing Construction work. This time, two leader meetings were planned, one for the Northern part of the County and one for the Southern part.

The leader meeting on "Dresses That Will Work For You" was held at the Parker Indian Agency. In addition to representatives from four organizations in Parker and poston, a group of women from Quartzsite, Salome and Wenden were in attendance.

The morning was spent in a discussion of the important points to consider in selecting and making house dresses. Miss Church brought along dresses which she had made from the patterns designed by Oregon farm women. These were modeled by members of the class and formed a nucleus for a very fine discussion. In the afternoon the women worked in groups of two, taking measurements for pattern size which was followed by a demonstration on pattern alteration by Miss Church.

On Tuesday, October 20, 1953, a similar meeting to the above was held for leaders in the Southern part of the County. The meeting was held at the B. & P. W. Clubhouse in Yuma and was attended by eighteen leaders. Both these meetings were enthusiastically received. The meetings were reported back to the clubs at their next meetings. However, actual work meetings were postponed until

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project B - Construction (cont.)

1954, because of a very full program. The dresses were included in the premium list for the 1954 County Fair as a means of maintaining interest in the project.

In January of 1954 the Clothing interest of all adult clubs, centered around the making of "Dresses That Work For You". The Agent took the kit with her to all meetings, which she attended and answered questions. In this connection, there were inquiries on tailoring techniques and the Agent offered bulletins on bound button holes and on stay stitching at all meetings.

During January, February and March of 1954, "Dresses That Work For You", were being made in numbers in all communities. There was one drawback. The dresses were so popular, that homemakers wore them, rather than saving them to enter in the County Fair in April. The Agent saw very pretty ones being worn wherever she went.

Two Homemaker clubs had workshops for making the dresses. Sewing machines and tables were brought from member's homes. The women divided into groups of two, taking each others measurements, making pattern alterations when needed and actually cutting and sewing on "Dresses That Work For You".

As nearly as the Agent can find out, there were two hundred and ninety dresses made in the County and they are still being made.

Mention should be made of two subsequent showings of the "Dresses That Work For You". One was a television program over KIVA on January 20, 1954, with the Agent and the Specialist acting jointly as mistress of ceremonies. The different styles were modeled by Mrs. Lillie McCain Smith of the Upper Valley, Mrs. Harry Ellis of the Yuma Mesa, Mrs. Lorraine Ramsey of the North Gila Valley, in addition to the Specialist and the Agent.

At the Ninth Country Life Conference of Arizona Women, June 14 through 17, 1954, on the University Campus, Yuma County's delegation used the dresses that work for you successfully to report on County activities.

Another television program in the County, done jointly by Miss Church and the Agent, should be reported. It took place the evening of October 7, 1954, the subject "Altering Ready To Wear". Credit goes to Miss Church for setting up the program and it was very successful, and well received.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project B - Construction (cont.)

This current year of 1955, the work of the Specialist in the County dealt with the subject "Making Western Shirts". Two full days work was required to complete construction instructions for each group. In the Southern part of the County a total of seventeen leaders representing ten clubs were trained. The place of meeting was our new office headquarters and it proved very satisfactory. In the Northern part of the County the meetings were held in the Woman's Club House in Salome where a total of eight Leaders from four communities were trained. The work has since been given back in all communities represented. Of course, Western Shirt Making is a special interest project which limits its widespread adoption. As nearly as results can be obtained the record of shirts made in the County as a result of these meetings is 178.

During the current year, several local leaders have requested bulletins on Pattern Alteration and measurement cards. These have been used for neighborhood garment construction workshops. There have been three such workshops and the leaders have all attended Leader Training Clothing meetings in the past.

For the past several years, because of a crowded program, the Agent has found it necessary to curtail clothing meetings in preparation for Christmas and to rely largely upon leaders to take charge. She has, however, supplied such illustrative material as patterns for stuffed toys, apron patterns, stencil patterns. This current year, however, she did find time to meet with two groups who requested work meetings on Christmas gift making.

On December 30th the Agent was in charge of a TV program over KIVA. She chose to interview the two Yuma County girls who had recently returned from national conventions. One of these was Marilyn Carlisle, who represented Arizona as Junior winner in the "Make It With Wool" contest at the National Wool Grower's Association in Salt Lake City. The other was Charlotte Salyer, who was Arizona's "Girl's Record" delegate at the 4-H Club Congress in Chicago.

Marilyn gave the highlights of her plane trip to and from Salt Lake City and told of the many exciting and important things that happened while at the convention. She exhibited the lovely hand woven woolen material she was awarded as well as the other gifts she received.

Charlotte gave a very fine description of her trip and exhibited the many trophies she brought home. Both girls used a large map



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project B - Construction (cont.)

of the United States to trace their journeys. It is interesting to note that the Agent, as suggested at Annual Conference, mounted all brochures used, and found that it made for a much more effective display.

Sub Project C - Clothing Economics

While there has been no time for formal meetings with adult clubs in clothing economics during the current year, previous years work has had its influence and the Agent has answered many requests for information which have been taken care of.

For several years, Clothing economics was carried under the caption "Care of Clothing Series". The first of the series was "Identification of Fibres", the second was "Laundering Techniques", the third was "Dry Cleaning".

Later the series branched out into clothing storage. The phase chosen was storage of shoes and sewing equipment and included a work meeting for making, among other things, portable sewing cabinets. These cabinets have proven very popular. The first year they were made in all Home Demonstration clubs. Since then, there have been numerous reports of sewing cabinets having been made.

During the summer of this current year two separate requests were complied with for Dress Form meetings. The Agent reviewed the directions for making paper dress forms and supervised the making of dress forms. They came out very well. Some of the women present at each meeting had taken part in dress form meetings when we had them several years ago and they were a great help with the actual construction.

Sub Project D - 4-H Clothing

Regular 4-H Clothing club work, as in previous years, has largely centered around project completion. Preparation for special events has served to establish deadlines for these completions such as: the County Demonstration Contest; the County Fair; the State Round-Up; the County Recognition Banquet.

Special helps with the 4-H program from State and Federal workers may be listed as follows:

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project D - 4-H Clothing (cont.)

January- Miss Helen Church, State Clothing Specialist and Miss Alice Lynn, Federal Clothing Specialist - Clothing techniques workshop for third year and advanced 4-H club girls.

February- Miss Helen Church - 4-H County Leader meeting - workshop on 4-H Clothing Projects and 4-H Clothing judging.  
Television program - Miss Helen Church and the Home Demonstration Agent - Clothing Judging at the County Fair.

March- Miss Madeline Barley, Home Demonstration Agent at Large - Judge, Northern Yuma County 4-H Pre-Fair.  
Miss Jean Stewart, State Leader of Home Demonstration Work - Judge, County Demonstration Contest.

April- Miss Helen Church and Miss Madeline Barley - Judges, Yuma County Fair.

Special leader training meetings with the Agents in charge may be listed as follows:

In March the Agent pinch-hitted for the Clothing Specialist by holding a 4-H clothing leader meeting in Parker for the benefit of leaders in the northern part of the county. This was a similar meeting to the one held in Somerton for Southern County Leaders in February with Miss Church in charge. The Agent spent a very busy day with the group showing both sewing techniques and judging techniques, and took the form of a workshop.

This Fall, the Agent has been in charge of four 4-H Clothing Leader meetings. These meetings are the result of requests from the Leaders for help with sewing techniques. The leader from the Gadsden and Somerton areas have met twice; from the Crane, Yuma and Yuma Mesa areas have met once; from the Wellton, Mohawk area have met once. These groups are planning to meet once a month. In each case they are all day workshops with paper sack lunches at noon. The leaders are happy about the plan.

At the County Demonstration Contest on March 12, demonstrations were given in: Color Harmony; Glue Method for Cleaning Washable Woolens; How to Sew on a Button; Making a Sewing Box; Making a Mit Pot Holder; How to Make a Garment Protector; How to Thread a Needle; The Three S's of Hair; "Shine Mister"; Packing a Suit Case; Care of Fingernails; Fitting Fashions to the Figure. In

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XIV Clothing (cont.)

Sub Project D - 4-H Clothing (cont.)

clothing work completion of projects takes precedent over demonstration or any other work. For this reason there are fewer demonstrations in Clothing than in Foods.

Demonstrations at the Round-Up and results were as follows: Sr. Clothing Team - "Color Harmony", Elva Warner, Dorothy Atherton - Blue ribbon. Sr. Clothing, Individual - "Packing a Suit Case", Bonnie Winnett - Blue ribbon. Jr. Clothing Team - "Three S's of Hair, Sandra Neese, Margaret Schott - Blue ribbon. Jr. Clothing Individual - "Making a Garment Protector", Margaret Holstoi - Blue ribbon and medal.

Because our County Dress Revue at Fair time is held at night, we have difficulty getting pictures of the 4-H girls involved. This current year, because of the vigilance of the State Information Specialist, some of the girls were induced to put on their dresses especially for a picture. These were taken on the movie camera in color and included in the County Fair film. This has been shown throughout the County at 4-H meetings.

In the Dress Revue at the Round-Up, Yuma County's contestants and awards were as follows:

Norma Baldridge, Parker - Party Dress - Red ribbon award  
Joyce Barry, Yuma Mesa - Tailored Outfit - Blue ribbon award.  
Maybelle Mason, Gadsden - Best Dress Outfit - Blue ribbon award.  
Barbara Braden, Somerton - School Dress - Red ribbon award.  
Mary Ellen Bobersky, Crane - Active Sports Outfit - Red ribbon award.

We were particularly proud of Yuma County's 4-H contestants at the Round-Up. In both judging and demonstrations, they made blue ribbon awards throughout and Margaret Holstoi of Parker won a medal as well. The credit goes not only to the 4-H'ers themselves, but to the splendid cooperation and help of the Leaders. We felt that all four demonstrations showed unusual knowledge of the subject at hand that the subjects chosen were anything but easy. In two of the demonstrations, the girls worked hard to avoid having the subject merely an illustrated lecture and we thought they were quite successful. We were happy that Helen Faulkner received the runner-up high score in the Senior Judging contest.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XV Home Management

Sub Project A - Selection

Since a Home Management Specialist was added to the Staff eight years ago in the person of Miss Grace Ryan, the Agent has observed a real advance in Home Management and Home Furnishing work in the County.

In 1947, a meeting on "Kitchen Storage" was held with nine communities represented by their leaders.

The Specialist brought with her excellent illustrative material and the morning was spent in discussing things that can be done to improve kitchen storage following the theme of making the kitchen work for the homemaker, rather than the homemaker working for the kitchen.

Miss Ryan, left her illustrative materials for use in the individual club meetings. It included suggestions for stagger and vertical sectioning of shelves and drawers to make for convenient kitchen storage, devices such as knife holders, spice shelves, arrangement of equipment to make for saving labor, etc. There was a file of picture clippings and an ample supply of reprints of the Country Gentlemen, May, 1946, articles entitled "Better Kitchen Storage".

This furnished material for excellent meetings on "Kitchen Storage" in all Home Demonstration clubs.

In 1948, the second leader meeting was held on "Kitchen Storage" with Miss Ryan in charge.

Nine communities were again represented by leaders and a busy day was spent. This time, rather than storage for small equipment, the work centered around floor plans and the arrangement of large equipment. This work was subsequently presented to all Home Demonstration clubs.

For the past six years, "Cut-Out" books have been given out by special request to rural homemakers who have been prospective builders. There have been forty-seven of these. All have reported finding the cut-outs very helpful. In the past five years, the Agent has visited homes in twelve communities, where ideas from the kitchen storage meetings have been used. These have varied from an entirely new kitchen to a rearranged cupboard or a utensil drawer. There has been much accomplished in modernizing kitchens throughout the County for which the Extension program either directly or indirectly takes credit. In all rural communities, as well as urban,



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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XV Home Management (cont.)

Sub Project A - Selection (cont.)

there has been a big building program during the last eight years.

In 1949, Miss Ryan was again in Yuma County for our Home Demonstration Council meeting. She brought along the floor plans and miniature replica of the expanding farm house which had been prepared for the Country Life Conference at the University. This Miss Ryan used for an illustrated discussion at the meeting.

Not a month passes, but that some request comes to the Agent's office, which has to do with planning a farm home and information as well as bulletins are dispatched.

During the year 1952, two very interesting request meetings by Home Demonstration clubs were held on the subject "Planning a Farm Home". The Agent began in each case by reviewing the bulletin "An Easy Way of Planning a Farm Home". She included a review of circular 202 "Storage for Your Home". A very interesting discussion followed.

During 1948, a leader meeting was held on the subject "Problem Windows" with Miss Ryan in charge. Since that time, the Agent has used the "Problem Windows" subject matter to help with request conferences on selection of drapes, etc. There were seventeen such requests in 1949, eighteen in 1953. This current year, the Agent has helped twenty-one homemakers with window problems.

In September of 1950, Miss Ryan was in the County and an introductory meeting on the subject "Importance of correct Lighting in The Home", was held for County Leaders. Twenty-one leaders attended representing eleven communities. Miss Ryan opened up a new field in lighting and its importance for all those who attended the meeting. Her approach was to show the importance of correct light to the maintenance of eye sight. Her illustrative material was practical, readily interpretable by the leaders and very much to the point. The kit was left in the County for the leaders at club meetings.

During 1951, meetings on correct lighting in the home were held for two rural groups which were not present in the original groups.

Results of the above meetings are more readily measured in terms of better understanding of the importance of good lighting. It, however, was established that approximately 200 homes made changes.

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XV Home Management (cont.)

Sub Project A - Selection (cont.)

During the last three years, including the present year, good lighting has come to be a common topic of conversation at all club meetings. In 1952, two kits, one on linoleums and one on cleaning rugs and upholstery, were in use in the County through the courtesy of Miss Ryan. These kits furnished interesting background for meetings in all Home Demonstration clubs. In the case of the linoleum Kit, two clubs requested a second meeting and leaders borrowed the kit for a more thorough study. This proved, however, to stimulate interest in the subject of floor coverings, rather than to make the homemakers feel they knew it all. As a result, it was voted at the 1953 County Council meeting, to request a 1954 leader meeting on floor coverings with particular emphasis on selection and care of carpets. This meeting was held in Yuma in November of 1954. Ten communities were represented and the meeting was enthusiastically received. Two pamphlets were prepared by Miss Ryan for the meeting and subsequent use in the County, entitled "The Rug and Carpet Picture" and "Cleaning Carpets". There was also a well worked out kit on the subject left by Miss Ryan for use at follow up meetings.

Follow up meetings for this work have been a carry over for this 1955 year's program. The Agent is glad to report that the work has been given back to all ten communities and that, in addition, she has responded to two requests for a meeting on the subject from outside groups.

As nearly as can be ascertained, three hundred and fifty families have adopted one or more practices from the Rug and Carpet series.

In November of 1953, a Home Furnishing Leader meeting was arranged for Miss Ryan to service clubs of the Parker area. Because the greater part of these women are Indians, it was decided to make the meeting center around the care of floor coverings. The women were divided into three groups and two groups were supplied with grades of linoleum, asphalt and rubber tile. The third group was given a piece of carpeting. They were assigned tasks of testing the materials with different types of stains, etc., and in the case of the carpeting, they learned how to shampoo it. There was good interest in the project on the part of the women.

In November of 1952, an all day leader meeting was held covering two subjects as follows: Success hints for use of electricity, care of equipment. Fourteen leaders were present representing ten

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communities. The former included a discussion of good buying guide posts and a demonstration of what it means to use electricity intelligently. Guide posts for buying electrical equipment were (1) discussions based on family agreements (2) Shop the fields (3) balance money, time energy expenditures against needs and wants (4) will present wiring system carry equipment safely and satisfactorily (5) availability of repair service (6) dependability of manufacturer (7) safety, etc.

In care of equipment, pots and pans were studied for materials used, for efficiency of parts such as: handles, side handles, bail handles, covers, general good features.

In February of 1953, Miss Ryan was in charge of a leader meeting bearing the title "Short Cuts in Home Management". Ten communities were represented. The subject included a discussion of tools that tire you. Physiologic and psychic as well as the many practical advantages of short cuts were developed. The Agent afterwards sat in on some meetings when this subject matter was given back at club meetings. She felt that the leaders did an unusually good job. Particularly did they stress the physical effects of poor management. The high incidence of heart failure seemed to strike home. They stressed avoiding tools that tire you, facts about posture and good work heights. This was not a meeting when numerical results could be obtained. However, the Agent knows that it was discussed in all groups and that it was a very important subject.

In November of 1953, Miss Ryan came to the County for leader meetings on "Wall Accessories". One of these, as usual, was for clubs in the Southern part of the County. The other meeting combined the subject matter of "Wall Accessories" with work on floor coverings already told. The four reproductions of famous paintings supplied by the Farm Journal were used as a basis for teaching selection of color, etc. Miss Ryan had prepared mimeographed leaflets which served as good discussion material. A kit furnished material for showing correct grouping of pictures, etc. The meeting was intensely interesting and the leaders present, took an active interest in it.

During the first three months of 1954, the kit made on Wall Accessories, made the complete round of clubs for follow up meetings. Two clubs had work meetings when they framed their favorite prints. Two clubs made their meetings luncheons with invited guests. At

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these, in addition to the regular subject matter material, the four reproductions of famous paintings from the Farm Journal were enjoyed. From figures obtained, as nearly as can be estimated, two hundred and fifty homemakers and other individuals were assisted in furniture arrangement and use of accessories.

Sub Project B - Construction

During 1950, Miss Ryan, Home Management Specialist, was in charge of a leader meeting on the subject "Special Wood Finishes". This was the second in a series of two meetings, the first having been held in 1949. During 1950, subject matter from both leader meetings was given back to all organized clubs. Follow up of these meetings has continued. Bulletins written by Miss Ryan, entitled "Furniture Repair" and "The Finish Counts", continue to be given out on request.

Following the initial leader meeting on Importance of Correct Lighting in the Home, two schools of two days duration each, were held in 1951, for the purpose of showing the mechanics of lamp shade construction. Miss Ryan was again in charge and leaders worked up some very fine examples of modern lamp shades.

All steps had been thoroughly explained by Miss Ryan in two mimeographed bulletins entitled "Making Lamp Shade Patterns" and "Making Simple Lamp Shades". These were used by the Agent and leaders in work meetings in the various communities. Correct lighting and lamp shade schools, were conducted with all organized groups.

On March 8th of this current year, the Agent was in charge of a request meeting on the making of lamp shades for a group of Wellton vicinity women. It took the form of a demonstration using a lamp shade brought by one of the women for actual recovering. A pattern was made and fitted and the shade cut, punched and the lacing started. Miss Ryan's directions were given out and reviewed. The lamp shade was

Home Demonstration clubs have been working with upholstery and slip covers for many years, so there is a good amount of experienced information on the subject in all communities. Because of a full program, the Agent now personally supervises work meetings only when it is to maintain standards.

For the past four years, homemakers have been increasingly inter-



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ested in the making of draperies. This has doubtless come about through the distribution of the bulletin "Tailor Your Draperies", by Miss Grace Ryan. The Homemaker Council has requested a Leader meeting with the State Specialist on making draperies during 1956.

Sub Project C - Economics

The Economic phase of the Home Management program has been a part of all project work in the County. During 1949, it was separated for special consideration when Miss Ryan, Home Management Specialist was in charge of a leader meeting on buying techniques, the subject of which was "Outwitting the Dollar". Miss Ryan left a kit for the use of leaders in presenting the program and the meeting was subsequently given back to all organized groups. While results have been intangible and no attempt has been made to reduce them to mathematical proportions, there has undoubtedly been much spread of influence and still continues to be.

In 1951, a very important Home Management project was initiated by Miss Ryan. It was work in "Laundry Methods" and began with leader meetings in February.

By special request one of these meetings was held in the Roll Well-ton area and the other was held in the vicinity of Yuma in the South Gila Valley.

In both cases, the meeting began with a wool blanket washing demonstration, using the latest method developed for proper care of blankets. It was really a report by Miss Ryan on the research on washing woollens which has brought practical procedure changes. This proved of great interest to all the leaders present. It is interesting to note that the particular brand of water softener used in the demonstration was not to be found on our local markets. However, because of urgent requests, it was stocked in one of our leading groceries and has had a large sale ever since. It is now on the shelves of all the large grocery stores in town.

In the afternoon, the functions of water softeners and detergents were further developed. The leaders tested for hardness samples of water which they had brought. There was an explanation of built and unbuilt soaps and synthetics with a classified list of different brands. The blanket washed in the morning, was combed after drying with the results that the blankets looked like brand new ones.

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This work on Laundry Methods has been particularly helpful for Yuma County, where hard water is a big problem. The Agent and leaders have presented the work to all organized groups. Everyone has been enthusiastic about the value of the subject matter presented. To the Agent's knowledge, more than forty blankets were washed following the demonstration procedure in 1951.

A questionnaire this current Fall showed that there is now widespread use of Miss Ryan's method for washing wool blankets, that homemakers have adopted the practices to the place that it's now a commonplace and that Home demonstration club members are conditioning their wash water more intelligently. This current year, the printed bulletin "Wash Your Blankets", University of Arizona Circular #215 written by Grace Ryan, has served as review of the subject in all communities.

A special leader meeting for clubs in the Northern part of the County was held November 4th of 1954. Miss Ryan was in charge and the subject was "Short Cuts in Ironing". While the work centered around the ironing of men's shirts, the method being used by the women in contrast to the method worked out at Ohio State University, many labor saving techniques were demonstrated. Copies of Circular #206, University of Arizona "A Easy Way to Iron a Shirt", were left for follow up meetings. It is estimated that seventy-five homemakers have improved practices in ironing as a result of this meeting.

January 29 and 30 of 1953 was spent by the Agent in company with Jo Perrill, Woman Editor of the Arizona Farmer. They toured Yuma Valley from the Crane area to and including Gadsden and some of the Yuma-Mesa in the interest of the use homemakers were making of their home freezers.

Later in the year, articles appeared in the Arizona Farmer, written by Jo Perrill and featuring this survey.

On February 24th, 25th and 26th of 1954 Joe Perrill again visited in Yuma County, this time in the interest of the Home Demonstration club program. In company with the Agent, home visits were made in the North Gila, South Gila, Somerton, Gadsden, Yuma-Mesa, Mohawk Valley, Wellton, Snyder Ranch. A number of feature articles in the Arizona Farmer resulted.

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During this current year of 1955, Miss Grace Ryan again responded to the request of Home Maker Clubs as expressed in their County Council Planning Meeting. Again she was scheduled in the County in November which means that results in spread of influence cannot be computed until next year. However, a very fine piece of work was done with a Leader meeting in the Southern part of the County and another Leader meeting in the Northern part of the County. While her over all subject was "Easier Housework" yet because of the varied interests of women in the Southern and Northern parts of the County, Miss Ryan handled the subject differently for two groups. In the first meeting the work centered around work simplification from a health standpoint. Seven short demonstrations were set up and presented showing such principles as using the right tool, placing equipment within easy reach, simplifying or leaving out unnecessary motions, correct posture when working, etc. In the Northern part of the County, the leaders tested their irons for evenness of heat and accuracy of thermostats. They also worked on correct bed making. For both meetings Miss Ryan left a kit to be used in follow up meetings and there is no doubt but that the work will be given back to all organized groups in the County.

While Home Management and Home Furnishings are special interest subject and as such are chosen by a rather select group of homemakers rather than all club members, yet there is evidence that more and more homemakers are using Extension material on the subjects.

In January of this 1955 year, three Home Demonstration clubs featured programs on Home Improvement including a colored movie from Modern Talking Picture Service entitled "Background of Home Decoration". The mimeograph material on Care of Carpets prepared by Miss Ryan was in real demand. There were requests for it by telephone, by office call as well as at club meetings.

In February a good program on Rug Making developed in the northern part of the County. The Agent requested help from Miss Ryan and she sent a kit of illustrative material and bulletins. As a result more than twenty rugs were made by club members and many of these were exhibited at the County Fair.

In May, the Home Demonstration Agent was in charge of a television program. She chose the subject of Washing Washable Woolens using as background material the bulletin of Miss Grace Ryan, Circular #215 "Wash Your Blankets". This program was very well received.

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Christmas, 1954, brought requests for a Home Furnishing demonstration as well as for ones on foods and clothing that is:

A Yuma Mesa Garden Club requested a demonstration of Christmas Candle making. Accordingly the Agent got together materials and leaflets for making glo-candles and gave the demonstration at their Christmas party meeting on December 6. The Agent afterwards has five reports of candles being made following directions given at the meeting. The work was very well received.

4-H Club Work

When Miss Ryan was in the County in 1951, she spent one day in consultation with all 4-H leaders who were leading in Home Management and Home Furnishings projects. The meeting took the form of a luncheon at the home of the Agent. Ten leaders were present. Miss Ryan had prepared some very good illustrative material and there was a very careful discussion of procedures for carrying on projects. The leaders took part freely and expressed themselves as having a much better understanding of what to do.

In November of 1953, during Miss Ryan's visit to Yuma County, advanced girls carrying Home Furnishings projects and their leaders were invited to the Agent's home for a meeting on project material. Miss Ryan brought with her a kit of illustrative material, which was supplemented with a kit on second year projects loaned to the Agent by Laurayne Kennedy, Assistant Agent in Maricopa County. All present received much benefit from this meeting. Another meeting with the Agent was scheduled for the latter part of December. At the meeting, were ten 4-H Home Furnishing girls and three leaders. These meetings were helpful, both for 1954 completions and for exhibits at our 1954 County Fair.

Heading the list of accomplishments for 1951 is that of Sandra Gaines. She did a very successful job of re-decorating her own room including walls, floor and furnishings. Her color scheme was unusually good and she worked with a small expenditure of money. She won the right to represent the County in the Home Improvement Contest. Her record was sent into the State Office, where she won the State Contest. She was a 1951 delegate to the 4-H Club Congress in Chicago.

Heading the list of accomplishments for 1952 and 1953, was that of Joan Koogler. In 1952, she chose as her special work, converting



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a porch into a combination bedroom and study for herself. As time for the Junior Agricultural Fair approached, she worked out a demonstration to tell what she had done and some of the things she had learned. The title of the demonstration was "Using Color in the Home". Her illustrative material was unusually well selected and her presentation was outstanding. After the Junior Agricultural Fair, the Agent sought out a number of places for Joan to give the demonstration, including the Zonta Club of Yuma and three different Home Demonstration clubs. At the Round-up, Joan was given a very high score and on invitation repeated her demonstration for a meeting of all the Home Economics demonstrators.

During 1953, Joan remodeled and re-decorated the living room at her home with excellent results. She again gave a demonstration. This time, she worked up four basic color harmonies:

1. Neutral
2. One color
3. Complementary
4. Analogous.

She won the right to demonstrate at the Round-up, where she received a score of 100 by both judges. When Joan submitted her record to the State Office she won the State Home Furnishing Contest. She was a 1953 delegate to the 4-H Congress in Chicago.

In 1954 Joan teamed with Rosalie Robles for a demonstration entitled "Decorating Our Room At College". The girls won on the County and State levels again, receiving a score of 100 by both judges at the Round-up. As Freshmen at the University last fall, the girls are roommates and have decorated their room following the plan of their demonstration.

It is worthy to note that six years ago Joan was one of a team demonstrating clothes closet arrangement at the Fair and that from then on she gathered material and thought of plans.

One of our 4-H club girls, Marilyn Carlisle, has done an outstanding job re-doing her own room last year and this. The room is small, but she has successfully worked it out as a multi-purpose room for sleeping, dressing, study and sewing. With the assistance of her father, she has built very useful and attractive storage areas for clothes, books, sewing machine, etc. She has repainted the entire room, including the inside of cupboards, etc., using her drapery fabric as her color key of soft rose and blue. The

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4-H Club Work (cont.)

room is very fresh and restful looking as well as being very "pretty". Marilyn was Yuma County's entry in the State Room Improvement Contest this last October. She was chosen a delegate to the 4-H Congress where she is as this report is being written. Her sponsor is the Atchison, Topeka and Santa Fe Railway and her Room Improvement work helped win the trip for her. Marilyn is also to be given a scholarship by the Santa Fe.

This summer of 1955 saw real advance in interest in 4-H Home Furnishing work. While in every instance girls were aware that they must finish their project requirements, still during the summer they chose to work on homemade furniture. Apple boxes were used as material. These they took to pieces, sanded and then have made dressing tables, desks, bookshelves, night stands, stools, wall brackets. These were all planned for a definite need and to fit a special place in their room. Some very good looking things have been made and the girls are very enthusiastic about it all.

In September, the Agent asked the Busy Women 4-H Club to show their furniture in a television program. It proved to be a very popular program. It was called "An Apple Box Revue". Among furniture shown were study desks, bookcases, wall shelves, lamp tables, and dressing tables.

This summer and Fall the Agents have assisted Leaders with picture framing work. Five clubs have been serviced and the 4-H members have framed some very nice pictures.

On September 29th an Electric Project Leader Conference was held in Yuma at which the new farm and Home Electric Education Program being sponsored by the Arizona Public Service Company in cooperation with the Agricultural Extension Service of the University of Arizona was explained. Taking part in the meeting were representatives from the state and county: Public Service offices; Mr. Ted Welchert; Mr. Rex Milhollen; Miss Grace Ryan from the State Extension Staff; the Yuma County 4-H Extension Staff; 4-H Leaders from throughout the County. We were sorry that more of Yuma County's leaders were not able to attend. However, quite a little general interest both at the conference and since is being evidenced. The project should serve a real need in the years ahead.

The Gadsden Homemaker Club had a meeting on yard improvement during October. The Agent secured Mrs. Esther Allen of Yuma to be our guest speaker. She gave a very helpful talk on things to remember

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4-H Club Work (cont.)

in planting and growing plants and shrubs. There was a very fine round table discussion and the meeting should bring good results in beautification of homes and surroundings.

XVIII Community Activities

Sub Project A - Related Agencies

The advent of the County Fair in 1953 changed somewhat Home Demonstration work with related agency. It can be said that no agencies have dropped their support of activities, but that adjustments have been made to meet the needs of the time. High on the list of supporting organizations are the Yuma and Somerton Chambers of Commerce and the Yuma County Farmer.

Sub Project B - Conferences

Conferences attended without the County have been as follows:

Dec. 13-18 - Annual Extension Conference - Tucson  
Feb. 21 - Television Short Course - Tucson  
March 1-3 - 4-H Service Training Conference - Tucson  
March 23 - Maricopa County Fair - Phoenix  
May 17-19 - Sewing Machine Clinic - Douglas  
June 1-3 - State Home Demonstration Conference - Tucson  
Aug. 8-13 - State 4-H Camp - Prescott  
Aug. 22-26 - 4-H Round-Up - Tucson  
Aug 22-26 - 4-H Leaders Conference - Tucson  
Sept. 1 - "Know How Clinic" - Arizona Public Service - Phoenix  
Sept. 14-17 - Yavapai County Fair - Prescott  
Oct. 13-14 - Graham County Fair - Safford

The 40th Annual Extension Conference was held December 14 to 17 on the University of Arizona Campus with six general sessions and one Home Demonstration Agent session. Speakers were largely chosen from county level staffs. In addition, special speakers included Director Pickrell; President Harvill; Mildred Weigley Wood of Phoenix Union High School; Graham Wright, State Leader of Boys and Girls Club work; Joe McClelland, Information Specialist; Steve Bixby, Arizona Cattle Grower's Association; John E. Spurlock, Farm Advisor of Sacramento County, California.

Mr. Spurlock spoke at three general sessions and at the Home Demonstration Agent session and in each instance, he gave a real

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message for successful analysis and procedure for the Extension program both Agriculture and Home Economics. Mrs. Wood discussed inspiring patterns of family living. All in all, this Agent feels the entire conference the most helpful of any for many years past.

The television school was called for Monday, February 21st. It was occasioned by an increase in television programming both from the State office and from County offices. Mr. William H. Tomlinson, Producer-Coordinator WKAR-TV, Michigan State College, was the featured speaker. He spoke from a wealth of experience dividing the types of programs as follows:

1. Method Demonstrations
2. Illustrated Reports
3. Interviews

The ground rules for good production were as follows:

1. Motion - move slowly and deliberately
2. Position - stay on target 15 to 20 seconds
3. Flow - easy
4. Avoid clutter

In dress pastels, light blues and greens are good. Yellow appears as white. Grey scale has 1 to 10 or white to black. Don't include over four values. Halo's are a lighting problem.

In summary, he gave the following: Find out the color environment in which you will appear. Avoid colors that will offer too high a contrast to this environment. Adopt the happy middle-of-the-road approach in dressing - don't wear whites on blacks because of the extremity. On the other hand, don't wear everything in the same shade of grey. Get good contrast separation and texture, but don't go overboard.

The In-Service Training Conference at the University was very helpful. At its close, we felt that Mr. Graham Wright, our new State 4-H Club Leader, was really one of us and that 4-H Club work must advance under his guidance. In all there were two general sessions, three Home Demonstration Agent sessions and one evening spent at "A Party with a Purpose". At the first general session, we had a premiere showing of the 4-H Club movie "The Town That Came Back". It is excellent and one that Yuma County can use to very good advantage. At present the length of time it can stay in the county makes it not



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feasible to use.

The workshops at the Home Demonstration Agent sessions were very helpful. This Agent was particularly glad for the opportunity of making Pattern-Fabric-Findings judging sets in Miss Church's workshop. It was the thin we've needed in the county and is much better done cooperatively than individually.

The work with lampshades in Miss Ryan's workshop was particularly helpful because the Agent had a request meeting in the county the following week and it had been sometime since she had meetings on the subject. We plan to do work in this field with 4-H girls during the summer.

On March 23rd, the Agent judged clothing for the Maricopa County 4-H Fair. This was a very interesting experience and the Agent would like to compliment the County on both the quality and quantity of work entered. There must have been approximately a thousand entries which told of very good supervision and leadership as well as good work on the part of 4-H'ers.

The Sewing Machine Clinic held in Douglas May 17 to 19 was attended by the Assistant Home Demonstration Agent. Miss Helen Church, State Clothing Specialist, was in charge. The time was spent in cleaning and adjusting sewing machines of different makes. It was a very informative and successful clinic.

The State Home Demonstration Conference held at the University June 1 to 3 inclusive was called to order at 1:30 p.m. in the Student Union Building at the University. The theme of the conference was to examine the "Home Visit" phase of Home Demonstration work and to determine ways in which it can be made more effective. A tentative guide for a Record of the Home Visit was presented, was studied, and was adapted to local programs. The resulting form can be typed or printed on an 8" x 5" card by using both sides of the card. It was decided that these cards should be tabulated and filed (a) when extension is involved in a long time project with the homemaker (b) when the Agent is contacting a prospective leader (c) when the Agent is contacting a woman who has requested information.

Miss Jean Stewart, State Leader led the discussion "What do we want to accomplish in the Home Visit?" Mr. Howard Baker, Assistant Director, spoke on "Farm Living Conditions". Miss Grace Ryan, Home Management Specialist, discussed "Standards and Levels of Living".

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The morning of the second day was spent doing home visit, role playing fashion directed by Mr. Graham Wright, State 4-H Club Leader.

All in all it was a very worthwhile conference and helped to determine ways in which Home Demonstration work can be made more effective.

A total of 60 4-H Club members from Yuma County attended the State 4-H Club Camp near Prescott. They were chaperoned by the Assistant Home Demonstration Agent and the Assistant County Agent. Camp activities were patterned after previous years. A very successful camp resulted.

Events of the 4-H Round-Up, August 22-26 have been previously told. At the 4-H Leader Conference held in conjunction with the Round-Up, Yuma County was represented by the following Home Economic leaders: Mrs. C. D. Barry, Yuma Mesa Cook & Chuckle Club; Mrs. Mae Baldrige, Home Economist for the Parker Indian Service; Mrs. Pete Bobersky, Crane Snip & Sew Club; Mrs. Marie Cobb, Roll Busy Bees club; Mrs. Lucinda Cross, Parker Stitch and Ditch club; Mrs. John Golden, Yuma Mesa Busy Women's club; Mrs. June Meyers, Wellton Desert Queen's Club; Mrs. Tom Rushin, Yuma Mesa Busy Women's Club; Miss Charlotte Salyer, Somerton Junior Homemakers Club; Mrs. Dick Wright, Roll Busy Bees Club. This is the largest adult delegation ever to attend an Annual Leaders conference from Yuma County. As well as attending the conference, they were a big help with the Round-Up delegation.

The month of September began with a trip to Phoenix to attend the "Know How Clinic" sponsored by the Home Economics Committee of the Pacific Coast Electrical Association. The place of meeting was the Arizona Public Service Company Auditorium in Phoenix. Various phases of electrical equipment operation and use were discussed under such titles as "Watts My Line", "Take Them for a Cleaning and Love It" and "Dial Drying" demonstrating the electric washing machine and dryer; "Elbow Grease" demonstrating the dishwasher; "Range of Ideas" demonstrating the electric range; "Until Called For", the electric refrigerator; "Don't Do It The Hard Way", "Mrs. Weany Wash", "Stay Appealing", soaps, synthetics, and other laundry aids. There were four panel discussions during the day. It was a day full of very useful and practical knowledge for Home Economics

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Extension workers. There was film "Better Than Kings" showing modern methods of home lighting. The Agent was very appreciative for the opportunity of attending.

The visits of the Agent to the Yavapai and the Graham County Fairs were made as an official judge of 4-H and Adult Home Economics exhibits. Both Fairs were very successful and the judging experience very pleasant.

Conferences within the County during the current year have been numerous in order to plan and carry through such programs as the County Fair, etc. Illustrative of these is the following:

On May 25th a luncheon meeting was called for all Fair Superintendents at Clymer's Tea Room. The order of the day was to discuss the operation of the third annual Fair with a view to making recommendations for the Fair next year. Mr. Frank Deason was introduced as the new full time Fair manager. A good many problems developed for the Women's division of the Fair. After discussion, it was decided to hold monthly meetings of the division's Superintendents with the Home Demonstration Agent and Mr. Deason as ex officio members. The first meeting was scheduled for Monday, June 6th.

To plan for this meeting, Mrs. Lillie McCain Smith and the Agent met and drew up an Agenda. Among other things, the following standing committees were planned:

Home Economics Division Fair Superintendents Committee Appointments  
in preparation for the Fourth Annual County Fair, April, 1956.

Publicity . . . . . Willie Patrick  
Mary Cuming

1. Work out what is needed.
2. Prepare a chronological list.
3. Determine publications to use.
4. Prepare news items.
5. Television program once a month.

Awards . . . . . Frances Hardy  
Mary Lou Shively

1. Make recommendations for system of judging.
2. Establish point awards and publish in Fair book.
3. Prepare a sweepstakes book.

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Judging . . . . . Jean Datley  
Marie Laputka

1. Decide on qualifications for judges.
2. Decide number of judges.
3. Make recommendations on judging personnel.

Organizations Contact . . . . . Bernice Czajkowski  
Nella Gaines

1. Prepare a list of all organizations in Yuma County.
2. Contact all organizations (letter or personal) in the interest of Home Economics Fair entries.
3. Formulate a list of helpers for the Fair.
4. Schedule helpers.

Premium . . . . . Elaine Duke  
Elizabeth Segulja

1. Secure prizes as an incentive for organization participation.
2. Secure sweepstakes prizes.

Rally Day . . . . . Lillie McCain  
Smith  
Mariel Hopkins  
Mary Lou Shively  
Frank Deason

1. Plan Rally Day Tea for distribution of Fair Books. Guests to be Yuma County Club Women.
2. Prepare special invitations.
3. Act as program and refreshment committee.

At the June meeting, the group voted to affiliate with the Nationwide Crochet Contest put on by the National Needlecraft Bureau, Inc. On June 23rd, the Agent shared a television program with Mrs. Lillie McCain Smith, Mrs. Willie Patrick and Mr. Frank Deason (newly appointed Executive Secretary of the Fair). The Agent acted as moderator, the purpose was to acquaint homemakers with the Fair program. The Agent has received many favorable comments.

In July a television program to stimulate interest in canning for Fair entries was planned by the Agent in conjunction with Fair Superintendents. This program, when given, met with quite a little favorable comment. As nearly as can be determined at this time, it is accomplishing its purpose.



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18. New lots - unfilled cream puffs - cheese cake - enchiladas, not three but plate of - tamales, not three but plate of - tortillas and tacos, keep three as previous.
19. Add woman's suit tailored - add woman's coat tailored - add appliqued to squaw dresses.

Other than the above, conferences within the County can be divided into:

1. Planning meetings within adult and 4-H work organizations.
2. Cooperative meetings with outside organizations.

In the former should be mentioned committee meetings for planning year books as well as individual meetings of Home Demonstration clubs. These have taken place from time to time during the year as the need has arisen. Each month has seen from one to four such meetings. In 4-H club work, there have been meetings of the County Council and County Leaders Conference in preparation for County events.

Among cooperative meetings with outside organizations may be mentioned. The Agent has been active in the Business and Professional Women's Club, Zonta Club and Delta Kappa Gamma society. She is a 1955 District Director of B. & P. W. Clubs and as such planned and presided over a District Conference held in Yuma November 20th. Such contacts have furnished opportunity to work with women who help actively with the Home Demonstration program.

The Agent is also constantly using such organizations as a means of spread of influence of Extension teachings.

Sub Project C - Publicity

Publicity may be classified under three headings as follows: newspaper, television, circular and mimeographed letters.

1952, saw a change in newspaper publicity. Until January of 1952, the Yuma Daily Sun, which is the local paper, gave regular publicity to 4-H club work as well as to other activities of the Extension program. The Home Demonstration Agent shared with other staff members of the County Agricultural Agent's Office, a farm page appearing each week in the paper. The Agent also contributed to a weekly column, which was sent by the County Agent's Office to the Somerton

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XVIII Community Activities (cont.)

Sub Project C - Publicity (cont.)

Star, a paper published each Wednesday and with wide circulation in Somerton, Gadsden and surrounding valleys.

In January of 1952, the Yuma County Farmer came into being. Since then, the Agent has contributed a weekly column in the Farmer, which is used to dispense subject matter as well as news items.

The KIVA television station opened the latter part of October 1953 and represents Yuma County's only outlet for television programs. During the current year, the Agent has been in charge of eleven fifteen minute programs.

There have been mimeographed newsletters sent to all the mailing list. In addition, there has been a 4-H newsletter published cooperatively by the Assistant County Agent and the Home Demonstration Agents.

Sub Project D - Achievement Days

Achievement Days have been discussed earlier in this report. A successful Pre Fair was held for Parker and vicinity attended by the Assistant Home Demonstration Agent and the Assistant County Agricultural Agent. Miss Madeline Barley, Home Demonstration at Large made the trip to Parker, also, to be an official judge.

A County 4-H Demonstration Help Day was held on January 22nd at the Rood Community Center. This was well attended. During the week preceding the Agent wrote and had mimeographed, material for distribution on helps in choosing a demonstration.

Of first importance during 1955 under Recreation was the 4-H Barbecue to celebrate the dedication of the new Domestic Exhibits Building at the Fair Grounds the evening of March 5th. This has been told previously in this report and will not be reported here.

In observation of National Home Demonstration week, May 1st through the 7th, the following was done:

Women in the Homemaker Clubs were alerted to listen to radio programs and there was a brief discussion of past accomplishments in Yuma County.

The Agent contacted the programs director of the local television station, KIVA. She gave him the slides which came from the University

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D. PROGRAM OF WORK (cont.)

(c) Project Activities and Results (cont.)

XVIII Community Activities (cont.)

Sub Project D - Achievement Days (cont.)

and the accompanying scripts. These were used on three occasions during the week.

The Agent wrote a column for the Yuma County Farmer, which was published in the April 28th issue.

During the past several years, 4-H club recreation has received impetus over previous years. Particularly is this true for the older youth groups. Meetings have included a period for singing and for folk dancing. Events leading up to this, are briefly as follows:

For the first time in Yuma County, a 4-H Recreation School was held for the purpose of training leaders in recreation leadership. Dates for the school were December 12-14, 1949.

Miss Jane Farwell, nationally known recreation School Specialist from Wisconsin, directed the school. While only sixteen leaders were actually enrolled there were a total of thirty-eight leaders and Junior leaders who benefited from one or more meetings. They represented a total of six communities. Miss Farwell made the work fit the requested needs of the leaders with the result that more than sixty games from mixers, contest and team games, small group games, school room games to various musical games were taught.

Since the Recreation School, there has been marked improvement in Recreation Leadership in all communities.

In 1951, 1952 and 1953 at the 4-H Leader conference in Flagstaff recreation was stressed. In 1951, Mrs. Mary Joslin was Recreation Leader and she did an excellent job in teaching recreation leadership. In 1952, Mrs. Izola Parker did a similar thing.

In 1953, Israel C. Heston, Recreation Specialist from Utah State Agricultural College, was in charge. Yuma County leaders have greatly benefited from these three years of training.

One cannot be a Home Demonstration Agent in one County for twenty years without making many contacts that serve to stimulate community life, recreational and otherwise. Hence many services have been rendered which, in themselves, may not warrant mention, but which have together been a real positive factor.

Miss Mariel Hopkins  
Home Demonstration Agent  
Yuma County, Arizona  
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#### E. OUTLOOK AND RECOMMENDATIONS

As in previous years, the outlook for Home Demonstration Work in Yuma County seems to be one of comparative security, because the things which the work has to offer are timely and needed in the operation of homes.